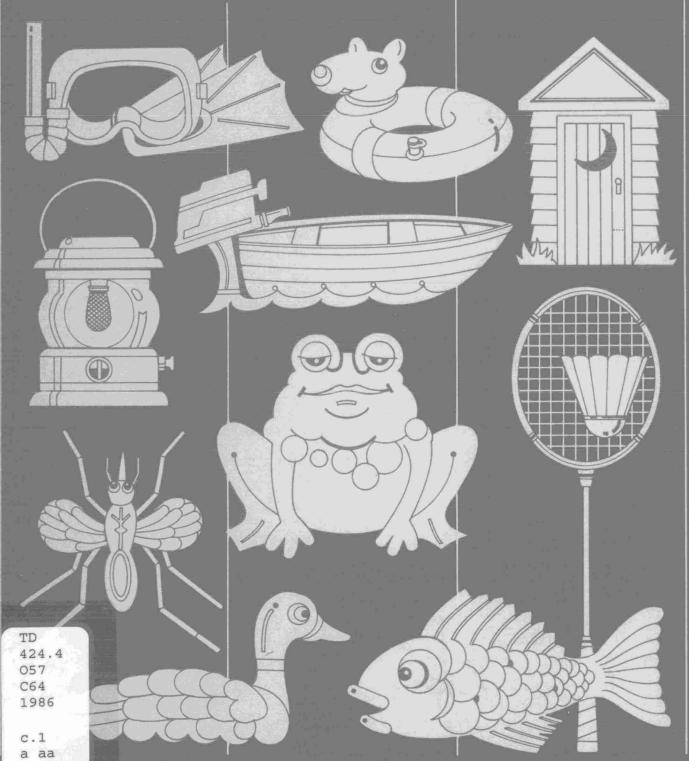
COTTAGE COUNTRY

An environmental manual for the cottager.



Ministry of the Environment



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What Can the Cottager Do?

How do I purify my water for drinking? What can I do about lake water quality? Are sport fish safe to eat? Can I use pesticides? How shall I dispose of my garbage? How much of a pollution problem is boating?

These, and countless other questions, are continually being asked by the cottager. We, at the Ministry of the Environment, therefore, recognized the need to provide a readily available reference source to help the cottager protect his environment.

Which is why – in co-operation with many technical experts, and the Federation of Ontario Cottagers

Associations – we have updated our easy-to-read and factual manual specifically examining cottage country environmental problems.

In this fourth edition, you may notice that we have added information on common household pests and their control. We have also included a new section on the disposal of domestic hazardous waste. The section on lake enrichment was expanded to include a new part on algae and pollen problems. In addition, updates have been made to the section "Water Treatment Devices For Home Use."

We have tried to answer as many of your questions as possible. Where appropriate, we've also detailed sources of further information, including available literature and contact points at the various government agencies. Feel free to contact them. There will probably be an office close to you.

Meanwhile, good reading, and good cottaging.

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CHAPTER I

Water Quality

Countless influences affect your lake's water quality. Some you can do something about. Some you can't. In either case, you should know the facts.

Let's look at the major influences.

Good Bacteria, Bad Bacteria

For the sake of simplicity, water micro-organisms can be divided into two groups:

- bacteria that thrive in a lake environment and make up the natural bacterial flora; and,
- disease-causing micro-organisms, called pathogens, that can infect human tissues.

The **pathogens** are generally introduced to an aquatic environment by raw or inadequately treated sewage, although a few are found naturally in the soil. Other sources of pathogens include cats and dogs, chipmunks and even loons.

The presence of these bacteria does not change the appearance of water, but they pose an immediate health hazard if the water is used for drinking or swimming. (Hence the obvious need to disinfect water supply from the lake).

This hazard does not necessarily mean that you will contract such serious waterborne infections as typhoid fever, polio or hepatitis, but you may catch the less serious gastroenteritis (stomach flu), dysentery or diarrhea.

Included in this minor category are eye, ear and throat infections that swimmers encounter every year, and the more insidious but seldom diagnosed, subclinical infections usually associated with several waterborne viruses. These viral infections leave a person not feeling well enough to enjoy holidaying, although not bedridden.



Tell-tale weeds, symptom of eutrophication.

This type of microbial pollution can be remedied by preventing wastes from reaching the lake. Since diseasecausing bacteria usually do not thrive in an aquatic environment, water quality should return to satisfactory conditions within approximately one year after remedial measures are implemented.

The Effect of Bacteria on Oxygen

The remaining bacteria, instruments of normal and necessary decay, live and thrive within a lake environment. Any organic matter in the water will be used as food by these organisms and cause a subsequent increase in their number.

These lake bacteria play an important role in breaking down natural organic matter, as well as sewage, kitchen wastes, oil and gasoline. Unfortunately, degradation of organic waste by micro-organisms uses large amounts of dissolved oxygen. If the organic content of the lake gets high enough, the action of these bacteria will deplete the dissolved oxygen supply in the bottom waters and threaten the survival of many deepwater fish.

What's a Coliform?

Bacteriological tests on water are made primarily to determine the presence of organisms of the coliform group. These exist in the intestines of some warm-blooded animals (including humans), and are used as an index of the presence of fecal material.

Their presence in any significant amount in water samples is an indicator of pollution, and the presence of other harmful pathogenic bacteria must be assumed until proved otherwise.

Conversely, the absence of coliforms is considered sufficient evidence of the absence of pollution, and indicates the water is suitable for drinking, bathing, etc. at the time of sampling. However, no surface water is recommended for drinking even though coliforms are absent.

Rainfall Runoff -A Hidden Polluter

The "Rainfall Effect" relates to a phenomenon in which heavy precipitation flushes the land around a lake and carries contaminants (including sewage organisms and natural soil bacteria) into the water.

In this way, total coliforms, fecal coliforms and fecal streptococci, as well as other bacteria and viruses from human waste disposal systems and animal droppings, can contaminate a lake. This phenomenon is particularly evident in Precambrian areas where there is inadequate soil cover, and in fractured limestone areas where fissures in the rocks provide access to the lake.

Melting snow provides the same transportation function for bacteria, especially in an agricultural area where manure spreading is carried out in winter on top of snow.

Scientific research suggests that (at sampling points 15 to 30 metres from shore) any contamination generally appears within 12 to 48 hours after a heavy rainfall.

To combat this hidden polluter, natural vegetation between the cottage and the lake should be preserved to absorb the runoff and seepage. Vegetation slows down run-off and acts as a natural filter of storm water from roads, parking lots, patios and cottage roofs, etc.

In places where the natural vegetation has been removed, cottagers should plant new trees and shrubs. Mature trees and shrubs on a cottage lot dissipate the energy of rainfall and reduce soil erosion.

The area over septic tank tile beds should be grassed and left open to the sun and wind so that maximum evaporation can take place.

The natural filtering by trees, grass and shrubs around a cottage provides significant protection for lake waters. During the summer, the vegetation also uses nutrients that reach the groundwater from septic tank systems.

However, note that when you fertilize your lawn, you also fertilize the algae and weeds in the lake.

Eutrophication (or Excessive Fertilization)

Why We Need Weeds, Why We Don't

In recent years, most cottagers have become well aware of the problems associated with nutrient enrichment (eutrophication) of recreational lakes.

The symptoms are well known: algae, excessive weeds, etc.

But it's important to realize that small to moderate amounts of aquatic plants and algae are necessary to maintain a balanced aquatic environment.

They provide food and a suitable environment for the growth of aquatic invertebrate organisms, which serve as food for fish. Moreover, shade from large aquatic plants also provides protection for young game and forage fish, and helps keep the lower water cool, which is essential to certain fish.

In addition, numerous aquatic plants are used for food and/or protection by many species of waterfowl.

Too much growth, however, creates an imbalance in the natural plant and animal community. The end result is that there may be too much cover for fish, causing them to be stunted. Also, such desirable forms of life as sport fish can be eliminated, and unsightly algal scums can form,

causing interference to recreation.

The lake is not "dead" but is considered aesthetically unpleasant with its abundance of growth.

Perhaps you've seen ponds and lakes covered with dense mats of decomposing surface-type algae. You'll know then how they can ruin such recreational activities as fishing, swimming or boating. In addition, decaying masses of vegetation may cause water to become less palatable to humans or to domestic livestock. Also, winter-kills of fish may result from oxygen depletion in the water caused by plant of algae decomposition under the ice.

Water Quality Changes With Depth

Changes in water quality with depth are a very important characteristic of any lake. Water temperatures are uniform throughout a lake in the early spring and winds generally keep the entire volume well mixed.

Shallow lakes may remain well mixed all summer so that water quality will be the same throughout.

In deep lakes, on the other hand,

the surface waters warm up during late spring and early summer, and float on the cooler, more dense water below.

The difference in density offers a resistance to mixing by wind action and many lakes do not become fully mixed again until the surface waters cool down in the fall. The bottom water receives no oxygen from the atmosphere during this unmixed period, and the dissolved oxygen supply may be all used up by bacteria as they decompose organic matter.

Cold water fish, such as trout, will have to move to the warm surface waters to get oxygen, and because of the high water temperatures they will not thrive, so that the species will probably die out (see above Figure).

Algae Aggravates

Low oxygen conditions in the bottom waters are not necessarily an indication of pollution. But excessive aquatic plant and algal growth and subsequent decomposition (particularly at the end of the season) will aggravate the condition. In some cases this results in zero oxygen levels in lakes that had previously held some oxygen in the bottom waters all summer.

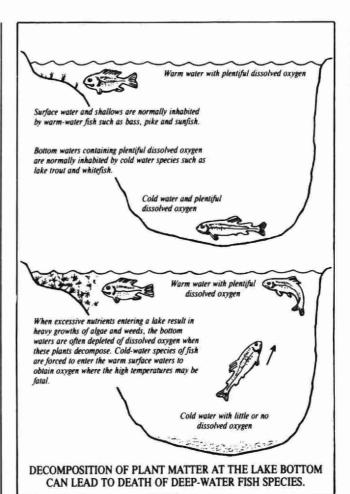
Although plant nutrients normally accumulate in the bottom of lakes, they do so to a much greater extent if there is no oxygen present.

When the lake mixes in the fall, these nutrients become available for algae in the surface waters and dense algae growths can result.

Consequently, lakes that have no oxygen in the bottom water during the summer are more prone to having algal problems, and are more vulnerable to nutrient inputs.

How to Limit Nutrients

Like humans, aquatic plants and algae require a balanced "diet" for growth. Other special requirements, including light and temperature, are specific for certain algae and plants. Chemical elements such as nitrogen, phosphorus, carbon, and several others, are also required, and must be



Decomposition of plant matter at the lake bottom can lead to death of deepwater species.

in a form available for uptake by plants and algae.

Algal growth can be limited by a scarcity of any single "critical" nutrient. Nitrogen and phosphorus are usually considered "critical" nutrients because they are usually in scarce supply in natural waters, particularly in Precambrian Shield lakes.

Human and livestock wastes can be a very significant source of these and other nutrients for lakes.

It is extremely important, therefore, that cottage waste disposal systems function so that seepage of nutrients to the lake does not occur. Indeed, excessive growths of algae and aquatic plants in a lake may well indicate a seepage problem.

The Phosphorus in **Your Detergents**

Scientists have recognized that phosphorus is the key nutrient in stimulating algal growth in lakes and streams.

In past years, approximately 50 per cent of the phosphorus contributed by municipal sewage was added by detergents. Federal regulations reduced the phosphate content (as P.O.) in laundry detergents from approximately 50 per cent to 20 per cent on August 1, 1970, and to 5 per cent on January 1, 1973.

But automatic dishwashing compounds were not subject to the government regulations, and are consequently high in phosphorus. Surprisingly, many automatic dishwashers are present in resort areas (a questionnaire indicated that about 30 per cent of the cottages in the Muskoka lakes have automatic dishwashers). Cottagers, therefore, may unknowingly be contributing significant amounts of phosphorus to their

Fortunately, in much of Ontario's vacation land, the source of domestic water is soft enough to allow the exclusive use of liquid dishwashing compounds, soap and soap-flakes, which are generally relatively low in phosphorus.

Facts About Laundry Detergents

The Environmental Protection Service of Environment Canada regularly samples a large number of domestic, commercial and industrial laundry detergents, to ensure that its phosphorus regulations are met.

The following lists are extracted from surveys conducted during 1980-81 in Ontario.

It must be noted that since manufacturers can, and do, change their product lines from time to time, only those products that were available at the time of the testing are reported.

For further information on the Canada Water Act, Phosphorus Concentration Control Regulations, or the activities of the Detergent Phosphorus Concentrations Control program, please contact:

Environmental Protection Service Water Pollution Control Directorate Environment Canada Ottawa, Ontario K1A 1C8 Tel. (819) 997-1612

Detergents

a) Samples of the following "Laundry Detergent" for domestic, commercial or industrial use were found to contain less than 1% P₂O₅ or "No phosphate" at the time of testing in 1981;

AMWAY L.O.C. (Regular) AMWAY L.O.C. (High Suds) AMWAY SA-8 (Liquid) ARTIC SYNTEX M ARLAC AYGAL GENERIC BASIC-H (Shaklee) BASIC-I (Shaklee) BASIC-L (Shaklee) BETTER BUY BORAX CANFOOD GENERIC CO-OP CLARIX CLASSIC LAUNDRY SOUR CLIMAX CROWN LOSUDZ **DB-65** DILIGENT DOXITE DYNAMO **EATONS LOSUDZ** ENVIRO LAUNDRY DETERGENT **ENVIRO LAUNDRY** DETERGENT PLUS **FEATURE** FORMULA D-29 FORMULA D-36 G.P. 115 M HARMONIE HI POWER (Miracle Food Mart) HI POWER (Steinberg) IVORY SNOW JET LAUNDRI BUILDER LAUNDRI CLOUT LAUNDRI FLUFF LAUNDRI LIQUID SOFT LAUNDRI PRÈP LAUNDRI RUST REMOVER LAUNDRI SOFT POWDER LAUNDRI SOUR LAUNDRY BAR "R" LAUNDRY DETERGENT "3D" LAUNDRY SPOTTER LOBLAW MARCHAN GENERIC MOYAL BROTHERS GENERIC MOHAWK SOAP NEPTUNE NUTROX P.D. 4492-0 POLYSOL

POW PR-76 REFRANE RINTEX SAIL (Box) SAIL A&P (Poly) SCOTCH BUY SEARS HEAVY DUTY (white powder) SEARS LAUNDRY DETERGENT (blue liquid) SILVERWOODS LOSUDZ SPARKETTE SUNFRESH NO-NAME SUPER FORMULA HEAVY DUTY (Powder) SUPER FORMULA HEAVY DUTY (Liquid) SUPER LAUNDRY LIQUID SOFT/SOUR STERLING BYESOL LIQUID STERLING XE STERLING PLUS LIQUID SWIFTS SOLAR REGULAR **SWIFTS SOLAR F-342** SWIFTS SOLAR H.D. WHITE SWIFTS SOLAR LLC-361 SWIFTS SOLAR 40 SWIFTS SOLAR 80 SWIFTS SOLARSOLVE DETERGENT SWIFTS SPECIAL SOAP SWIFTS WOOL SOAP POWDER SWIFTS XP70 TRI-STAR AQUA SOFT VANCOUVER ONLY VOUCH WIPEX-M WISK WHITE LABEL WOOLITE (powder) WOOLITE (liquid) **WYN F102 WYN F901** ZERO (Liquid)

b) Phosphate level of "Laundry Detergents" within the "5% P₂0₅ limit" at the time of testing in 1981;

ABC AERO ALL AMWAY SA8 (powder) AMWAY TRI-ZYME ARBOR "EXTRA" ARCTIC POWER XE ARCTIC SYNTEX H.D. **BIO-AID** BILTRITE **BLUE CYCLONE BLUE DETERGENT 20-20** BOLD BOOSTER BLUE BOR-A-ZYME BRAWN BREEZE

BYESOL BLUE H.D. CHEER CLAX CONTROL CREST CREST-LO DIAPER PURE DOMINION BLUE DREFT **ENVIRO LAUNDRY BREAK** FAR FOOD CITY HANDLE CASE (Neopane) H.D. BYESOL BLUE HI POWER (Lo Suds) I.G.A. BLUE INDETTE KENTAX KENSUDS KER-CELL KLOR-X-TRA LAUNDREX LAUNDRI BREAK LAUNDRI CONDITIONER LAUNDRI PERMA BRITE LAUNDRI SHEEN LAUNDRI SL-86 LAUNDRI SPECIAL LAUNDRI SUDS LAUNDRY FORMULA B.L. LAUNDRY FORMULA H.V. MCDONAND'S METRAX NOBLA ONE SHOT INSTITUTIONAL (B. Chambers) ONE SHOT INSTITUTIONAL (G.H. Wood) OXYDOL PENNEX PENNICO PLUS PENSAL XX PERMA-PRESS POLY D PUNCH OUIX SKORTEX SUPER LAUNDRY LIQUID BREAK SUPER LAUNDRY LIQUID DETERGENT SURF SUNLIGHT SWIFTS SUPER SOLAR H.D. WHITE TIDE TRI-STAR L-2000 VAL-U VERSAL WESTERN FAMILY WHITE CYCLONE WHIRLAWAY BREAK WHIRLAWAY ONE SHOT WHIRLAWAY HOT SHOT **WYN F101** X.L.F. NO. 5

ZERO (powder)

How to Measure Enrichment in Your Lake

Large amounts of suspended algae, which materialize from excessive inputs of nutrients, result in turbid water of reduced clarity or transparency.

On the other hand, lakes with only small inputs of nutrients and correspondingly low nutrient concentrations (characteristically large and deep lakes) often support only small amounts of suspended algae, and consequently are clear-water lakes.

An indication of the degree of enrichment of lakes can therefore be gained by:

- measuring the density of suspended algae (as indicated by the chlorophyll a concentration - the green pigment in most plants and algae); and
- examining water clarity with a Secchi disc.

Ministry staff have been collecting this data from numerous Ontario lakes, and have developed a relationship between these parameters to help cottagers understand the processes and consequences of nutrient enrichment. In the absence of excessive colored matter (eg. drainage from marshlands), lakes low in nutrients are generally characterized by small amounts of suspended algae (i.e. chlorophyll a), and are clear-water lakes with high Secchi disc values.

What's a Secchi Disc?

A standard size metal disc is painted in black and white quarters and suspended by a rope from its centre. Cottagers can roughly measure water clarity by simply lowering this disc beneath a lake's surface and noting the depth at which it disappears from view.

Start your own Self-Help Program

Collecting this data is something your cottage association can do. It is part of the "Self-Help Program" started in 1971 in response to requests for water quality surveys from concerned cottagers.

Cottage associations are supplied with sampling kits that include a



Using a Secchi disc is a simple way for cottagers to measure water clarity – and approximately estimate the degree of their lake's enrichment.

Secchi disc, a water sampler, sampling bottles and instructions. Cottagers are asked to take Secchi readings, and collect water samples bi-weekly during the ice-free season.

The water samples are mailed to the nearest Ministry of the Environment laboratory for analysis. Of course, the true value of this program is only realized if it's continued for a number of years so long-term trends can be monitored.

Table I shows how your readings and measurements can approximately be interpreted.

Algae Problems Associated with Nutrient Enrichment

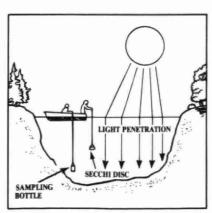
When algae become so abundant that they create visible shoreline scums, slime, or ooze then they are a nuisance impairing the water for recreational, domestic and aesthetic pursuits.

Microscopic blue-green algae (a component of the phytoplankton) which grow throughout the lake may become buoyant and concentrate at the surface of the water during quiet weather. A slight onshore breeze can concentrate this buoyant accumulation so that it forms a pea-green scum which fouls beaches as it piles along the shoreline.

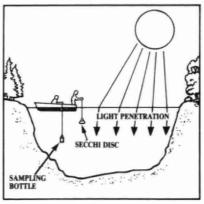
TABLE I: YOUR LAKE'S ENRICHMENT STATUS

SECCI DISC (S.D.) (depth in metres - m)		CHLOROPHYLL a (Chloro-a) (micrograms per litre-ug/1)	
Enriched Moderately	0-3 m	High Algal Density 4 ug/l or greater	
Enriched	3-5 m	Moderate Algal Density 2-4 ug/l	
Unenriched	5 m or greater	Low Algal Density 0-2 ug/1	

N.B. This data does not apply to many northern lakes where water color limits Secchi disc visibility.



UNENRICHED LAKE



ENRICHED LAKE

Filamentous green algae such as Spirogyra and Cladophora can create large cottony tufts or clouds that are suspended in the water or attached to suitable substrates such as rocks, logs and other rooted vegetation. When these masses break loose during storm events they can be blown to shore along with any other debris in the lake. There they may accumulate in thick mats that rapidly decompose creating a foul smelling black ooze.

Less noticeable but equally upsetting are microscopic algae capable of imparting chemical tastes and odors to water. The algae may not be large or abundant but the odors (cucumber, grassy, musty, fishy, rotten cabbage, etc.) they impart may make the water unpalatable for washing, cooking or drinking.

Foaming conditions observed along many lakeshores in the cottage country are usually the result of the release of emulsifying agents in aquatic plants and algae during the natural decomposition process.

Wind and wave action will cause some shoreline foaming. Some foaming may also be seen at the base of a waterfall or rapids. The amount of foam material is usually quite small from this source and dissipates rapidly as soon as the wind and wave action ceases.

The Ministry of the Environment has facilities for identifying most forms of freshwater algae, be it microscopic, free-floating phytoplankton or larger attached forms that appear as visible green strands in the water. A small sample, 1 ounce (25 ml) in size submitted to any of the Ministry's offices, can, if preserved properly with Lugol's solution, be forwarded to our Toronto Laboratory for analyses. (MOE Aquatic Ecosystems Section, Aquatic Biology Unit (416) 248-3058).

Pine Pollen Problems

Pine pollen, a mustard yellow powder found floating on the water surface in June, is frequently mistaken for an oil or chemical spill. Nevertheless, the yellow scum is natural and not a health hazard.

Yellow pollen from coniferous trees or sandy brown or gray pollen from deciduous trees is most prevalent in June. It finds its way into the lakes and streams, or accumulates along shorelines and beaches when high winds transport it from surrounding forests. It is buoyant and easily blown across the surface of the water.

En route to shore, the pollen traps floating algae and other aquatic debris. The accumulation of material that reaches the shore may be unsightly and may create an unpleasant odor when it decomposes.

But this condition is seasonal and by early July, most traces of the yellow scum will disappear due to wind and wave action and eventually settle to the lake bottom where it will decompose naturally.

CHAPTER II

Control of Aquatic Plants and Algae

You've got extensive aquatic plant and algal growths in your lake. They interfere with boating and swimming, and may ultimately diminish shoreline property values. What are you going to do?

The answer may be chemical or mechanical controls, or habitat manipulation.

1. Mechanical Methods

Temporary control of aquatic plants may be achieved by removing the plants with rakes or dragging chains through the weeds. In some cases, small boat-mounted cutters have been used.

Whatever the means, remember floating plant fragments may develop roots and grow elsewhere, or wash onshore and decompose. Cutting the vegetation without removing material often makes the problem worse.

On a larger scale, harvesting and dredging machines may be used to remove vegetation from large areas; however, the cost and maintenance of this equipment is prohibitive for individual cottagers.

2. Habitat Manipulation

To develop a small swimming area, heavy-duty black construction polyethylene can be placed on the lake bottom to prevent weed growth. In sheltered areas of a lake, this can be accomplished by placing the sheet of plastic on the ice in late winter, and weighing it down with sand, gravel and small stones. When the ice melts, the plastic will sink to the bottom.



Mechanical harvesting of weeds is often used to remove vegetation from large areas.

Once the plastic has settled to the bottom, it can be covered with additional sand. Numerous small air holes should be punctured in the plastic to allow gases that form on the lake bottom to escape.

Individuals who have used this technique report mixed results. Wave action and traffic over poorly weighted plastic have caused it to shift and sometimes tear. Plants may also grow through the air holes or re-establish after a period of years on the overlying substrate, particularly if the sand contains organic matter.

Other habitat manipulation techniques, including dredging and water drawdown - lowering water levels over the winter to freeze and kill plants - have been tried with variable success.

Other vegetation control methods are being investigated, which largely involve habitat alteration to discourage plant growth.

3. Chemical Methods

Chemical control methods are currently the most practical for temporary control of weeds in small shoreline areas, considering the ease with which they are applied. However, the herbicides and algicides currently available usually provide control for only a single season, and sometimes less. The decay of dead vegetation will use large quantities of dissolved oxygen, reducing the amount that is available for a healthy fish population. (For this reason, mechanical removal of weeds is the better solution.)

Permits & Licences

It's obviously important to ensure that an algicide or herbicide which kills the nuisance plants, does not at the same time affect fish or other desirable aquatic plants. Under The Pesticides Act, 1973 and Regulations, a person applying a pesticide directly to water must obtain a water extermination licence, and an aquatic nuisance control permit (unless exempt under the Regulations).

No licence or permit is required when the water body is totally enclosed by a person's property, i.e. no outflow.

The licence requirement ensures that pesticide applications to areas of significant size, which are accessible to the public, are made safely. Through the licencing system, a person may be educated on: safe handling; correct storage and use of a pesticide; and its impact on the aquatic media.

A permit authorizes use of a registered pesticide under specific conditions. Permits are issued on an annual basis by the Ministry of the Environment in co-operation with the Ministry of Natural Resources.

A cottage association proposing to control submergent aquatics in a bay or lake area fronting numerous cottages will require both a licence and a permit. An individual treating his own cottage frontage will require only a permit.

An aquatic nuisance control **permit** (issued for one year) ensures only that there will be no unreasonable infringements on the rights of other water users, and that the substance applied will not be toxic to humans, fish, domestic animals, or wildlife.

Through the **permit** system, the area of vegetation treated in any one lake may be regulated so that important fisheries and other wildlife habitat will not be significantly affected.

To secure a **permit** for applying a chemical or other substances to control nuisance conditions in any area of water, an individual or commercial agency must submit pertinent information on an official application form. In this way, the nature of a project and possible consequences may be evaluated.

Where to get Permits/Licences

Application forms may be obtained by writing the Ministry of the Environment, Agricultural and Industrial Chemicals Section.

An application should be submitted well in advance of the time that the chemical is to be applied. While every effort is made to process applications as quickly as possible, three weeks may be required for issuing a **permit** since it is often necessary to correspond with the appropriate District Office of the Ministry of Natural Resources, or to investigate the area.

Acquiring a **permit** or a **licence** does not absolve anyone from responsibility for undesirable effects arising from a treatment.

Anyone applying a substance without the authority of a licence or **permit**, or who violates the terms and conditions provided in a **permit**, is liable to a fine.

Types of Aquatic Plants

Aquatic plants may be divided into three categories:

- Submerged rooted aquatics which may have leaves that float on the water surface;
- Emergent plants which may have most of their foliar structures above the water surface; and
- Algae which color the water green or brown, or appear as "pond scum".

Aquatic herbicides vary greatly in the range of vegetation that they will control. It is therefore important to consult the label when control of a particular kind of nuisance species is desired. It is also very important to identify the species of vegetation present accurately as some plants are not controlled by any of the currently registered herbicides.

When to Treat

Algae and rooted submergent plants should be treated during the spring, or early summer, while the plants are developing rapidly, and before they reach nuisance proportions.

During this period, chemicals will provide more effective control and there will be less likelihood that fish will die as a result of shortage of oxygen, which can be one result of the decomposition of a large number of dead and dying plants.

Algicides and herbicides are generally more effective in warmer water, and better control will be achieved if the water temperature is over 18°C.

In many lakes, these temperatures are not reached until well into the summer months, after the time of optimum control with a herbicide.

However, since weather conditions (particularly the severity of winter and the rate of snow melt) will influence time of new growths of plants, it is important to: 1) monitor the site each Spring season; and 2) start your control program when the nuisance species are showing new growth. This may be early, mid or late June through early July.

Control of emergent vegetation should be undertaken about the time of flower or seedhead formation on days that are calm and sunny. Windy weather increases the hazard to the person applying the chemical and to nearby valuable plants.

If rain falls shortly after a spray is applied, it will wash the chemical off the plants, thus reducing the effectiveness of the treatment.

Read the herbicide label carefully to determine time and conditions of application, since each product behaves differently.

General Suggestions on Herbicides and Algicides

Before any chemical control measures are undertaken all owners adjacent to and in the general vicinity of the treatment area must be notified.

Due consideration must be given to any objections voiced by other parties who may use water from the surrounding area for drinking, swimming, fishing, watering domestic animals or irrigation.

Use of treated water following any application should be restricted according to directions from the manufacturer or chemical supplier.

Where fish are present and there is a heavy growth of algae or aquatic plants, the entire pond or bay should not be treated at one time. As mentioned previously, decomposition of a large plant mass can deplete the dissolved oxygen supply so that the fish will suffocate. Under such circumstances, several sectional applications should be undertaken, spaced about a week apart.

Where algicides or herbicides are actually mixed with or distributed throughout the water, it is important that the chemical be distributed evenly throughout the area to be treated. If localized high concentrations develop, fish and other aquatic life may be destroyed and control of the plants may be spotty. The amount of chemical applied should be in proportion to the depth of water to be treated. If there is an obvious current due to wind action, a larger proportion of herbicide should be applied to the upwind side of the treatment area.

All herbicides and algicides must be handled carefully because of their toxic properties and often corrosive nature. Closely follow the application instructions.

Facts on Chemicals

Information on specific herbicides and algicides has not been included in this publication since new products and changes in formulations are continually being developed.

The Ontario Herbicide Committee publishes recommendations each year in Publication 75 ("Guide to Chemical Weed Control") of the Ontario Ministry of Agriculture and Food. Pertinent extracts from this publication are available upon request from the Ministry of the Environment, Agricultural and Industrial Chemicals Section.

Further Information

Methods of chemical application, calculations of water volumes and dosage rates and illustrations to help you identify plants can be found in the booklet "AQUATIC PLANT AND ALGAE CONTROL".

Write: The Ministry of the Environment, Agricultural and Industrial Chemicals Section, 40 St. Clair Avenue West, 7th Floor, Toronto, Ontario, M4V 1M2.

CHAPTER III

"The Acid Rain Problem"

What is Acidic Precipitation?

Acidic precipitation, commonly referred to as "acid rain", kills aquatic life, erodes buildings and structures, and damages soils and forests.

Acid rain generally evolves through a series of four consecutive stages:
(1) emissions of sulphur and nitrogen oxides, which originate chiefly from the combustion of fossil fuels (coal and oil); (2) long-range transport by winds; (3) transformation of chemical properties in the atmosphere to form acidic compounds; and (4) fallout of these pollutants to earth.

Fallout from the atmosphere occurs through either "wet deposition" precipitation in the form of rain, mist or snow, or by "dry deposition", such as fine particulate matter or dust that is absorbed on surfaces and becomes oxidized by moisture.

Sulphur dioxide (SO₂) emissions, largely from coal-fired electric utilities, smelters or industrial furnaces, account for roughly two-thirds of acidic pollution in North America. Nitrogen oxide (NO_x) emissions account for about one-third, half of which is thought due to motor vehicle combustion of gasoline.

Since the greater part of the world depends upon fossil fuel, it's not surprising that acidic precipitation is a world-wide phenomenon.

Concern and Effects in Ontario

Environmental scientists have known for several decades that atmospheric sources of acid had caused damage to lakes in Sweden, Norway and New York State. Environment Ontario studies in 1975 revealed that the Province was also seriously affected. The areas of the Province most susceptible to acid rain are the central and northern parts because of their limited watershed buffering capacities. The buffering capacity is related to local geology, areas within the Canadian Shield dominated by granite bedrock rather than limestone. Many recreational lakes in Muskoka, Haliburton, Parry Sound and Algonquin Park will lose their fisheries if no abatement action is taken.

In addition, where acid rain falls on terrain with little natural buffering or neutralizing capacity, irreversible changes can occur in the soil, releasing certain nutrients, and also cause the leaching of heavy metals into watersheds, such as aluminum which is toxic to fish.

The situation is aggravated by the knowledge that particulates of certain metals, as well as ozone, known to harm the environment, are also transported great distances by prevailing winds.

Most at stake from acid rain is Ontario's, and Eastern Canada's, fresh water heritage. Acid rain threatens fish and other aquatic life by preventing successful reproduction. Tens of thousands of Ontario's lakes are threatened and, of those already surveyed, about 250 are already acidified or extremely sensitive.

Turning off the Sources

In Ontario, most of the acid rain comes from United States sources. Because of tall smokestacks and prevailing weather conditions, the U.S. Environmental Protection Agency (EPA) acknowledges that Canada receives from the U.S. two to four times as much SO₂, and 11 times as much NO_x, as the U.S. gets from Canada

In the 1970s the governments of North America were preoccupied with local or "ambient" air quality. During this period SO2 emissions in Ontario were cut in half as provisions under the Environmental Protection Act forced the use of abatement technology on polluters.

In the United States, passage of the Clean Air Act provided a means to protect local air quality. Some states reduced their total SO2 and particulate emissions to safeguard their cities while other states increased their SO2 emissions.

However local air quality legislation is inappropriate for addressing the long range transport of acid rain. In some cases laws designed to protect local air quality lead to the construction of tall smoke stacks that worsen the long range transport of acid rain.

So Ontario became the first jurisdiction in North America to require SO2 reductions from companies already in compliance with local air quality regulations.

Nonetheless, Ontario recognizes that to bring about the necessary further reductions in acid rain some jurisdiction must set another acid rain reduction example. So in 1986 Ontario announced a new program called "Countdown Acid Rain" which is aimed at major Ontario polluters. The program will significantly reduce acid rain in Ontario, Quebec, New York state, and New Hampshire too.

Ontario hopes that, by setting yet another example, we will encourage our American neighbours to demand further action from their state and national governments to reduce the 50 per cent of our acid rain deposition which comes here from the United States.

The severity of the situation in Ontario, and the need for quick abatement action, results from the increase in acidity of precipitation

over the past several decades. U.S. sulphur emissions from the electrical utility sector have nearly quadrupled over the past 25 years, and now account for two-thirds of U.S. total. And it is projected that 300 new power plants will be built in the U.S. during the '80s and '90s.

Acid rain has increased to the point where the average pH of rainfall for that part of Ontario lying south of the 50th parallel is less than 5.0. Many regions of the Province regularly receive rain of pH 4.0 to 4.5.

TABLE 1 SULPHUR DIOXIDE EMISSIONS NORTHEASTERN NORTH AMERICA

SOURCE SO, EMIS		
	Urban	Utilities
CANADA		
Ontario	1,741.0	191.0
UNITED STAT	ES	
Ohio	578.4	2,338.3
Indiana	433.5	1,666.4
Kentucky	74.2	1,387.7
Illinois	332.4	1,255.6
Michigan	189.4	
Pennsylvania	535.5	1,119.6
West Virginia	149.7	
Tennessee		721.4
Missouri	226.4	499.0
District of		
Columbia		216.5
New York	636.8	209.5
Wisconsin		192.1
Maryland	129.5	
Massachusetts	139.9	
Virginia	141.6	
U.S. Total	3,567.3	11,785.8

Acid Rain – the pH Parameter

Scientists gauge the acidity or alkalinity of a solution by a parameter called the pH, which is a logarithmic measure of the hydrogen ion concentration on a scale ranging from 0 to 14 (FIG. 3). On the pH scale, a chemically neutral solution has a value of 7, which is midway on the scale. The greater the acidity, the lower the pH value. A change of one pH unit downward implies a tenfold change in the hydrogen ion concentration, or a tenfold increase in acidity; a change of two is hundredfold. If for example, a pH is 4, it is 10 times more acidic than a pH of 5; a pH of 3 is hundredfold more acidic

North American Areas Containing Lakes Sensitive to Acid Precipitation than a pH of 5.

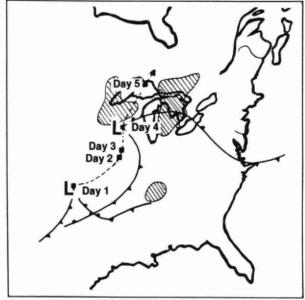
Due to the carbon dioxide naturally present in the atmosphere, the pH of normal or "clean rain" in eastern North America is about 5.6.

In areas of southern Ontario, such as the Muskoka and the Kawartha Lakes, the pH of the rain is often found to be 4.5 to 4.0 range, meaning that the rain is many times as acidic as that of "clean rain". Aquatic life in susceptible lakes is considered to be vulnerable when the pH level of the lake lies in the range of 5.5 to 5.0.

There is widespread concern that if these acidic concentrations are sustained over long periods, serious detrimental effects will be experienced by aquatic and terrestrial ecosystems and these acidic effects will remain for years, or possibly become irreversible.



Source: James N. Galloway and Ellis B. Cowling, Journal of the Air Pollution Control Association 28, no. 3 (March 1978).



Typical development of Northeastern North America weather phenomena.

Solutions: Abatement the Only Answer

It is essential that Canada and the U.S. develop an effective mechanism to deal with the long-range transport of transboundary airborne pollutants. As the situation exists, if Ontario eliminated every source of sulphur and nitrogen oxides in the Province, it would have virtually no impact on the continuing damage to our lakes.

Moreover, as things now stand, we can expect more use of fossil fuels, especially coal and oil, and therefore more potential production SO₂ and NO_x. In the future, we can only work for abatement at the international level, and continue to put in place scientific advances concerned with preventative and remedial technology and legislation.

Acidity Hotline Service: An Analysis of your Lake

How acidified is your lake? You can find out – simply by phoning (416) 965-7117 between 8:15 a.m. and 4:30 p.m. Collect calls accepted.

You have access to a continuing program – initially a survey of 1,665 Ontario lakes – that analyzes the susceptibility of lakes to acid attack. Researchers are examining alkalinity levels in lake waters, a measure of a lake's natural, acid-neutralizing capacity.

Lakes vary greatly in their ability to neutralize acid loadings. Some can handle acid rain quite well, particularly those in alkaline soil or limestone deposit areas.

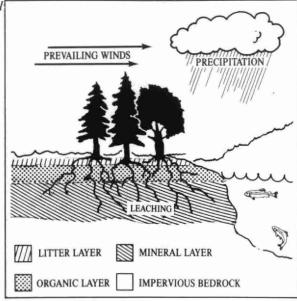
Lakes are listed as not sensitive, low sensitivity, moderate sensitivity, extreme sensitivity and acidified.

Lakes are arranged by county or district and listed alphabetically within each such division. Each listing includes: the location (township, latitude and longitude); the study or report providing the data; and the date of sampling. They are based on current understanding of lake sensitivity and provide a limited or preliminary answer to the question: Is my lake being affected by acid rain?

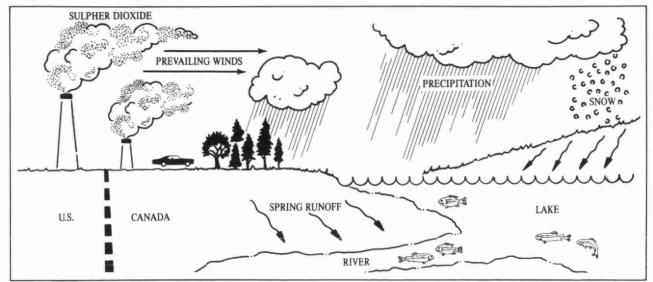
Further analyses of additional lakes will be released later.

A free booklet summarizing the latest information is available from: Communications Branch, Ministry of the Environment, 135 St. Clair Avenue West, Sixth Floor, Toronto, Ontario, M4V 1P5, (416) 965-7117.

Illustration of Terrestrial Lake Effects



Long Range Distribution of Sulpher Dioxide



CHAPTER IV

Purifying Water for Drinking

Testing For Bacteria

In cottage country you're surrounded by water, and it looks clean. But can you drink it?

You have to remember that all water (from a lake, river or any other surface water source) is open to contamination by man, animal and birds – all of which can be carriers of disease. Consequently, NO SURFACE WATER MAY BE CONSIDERED SAFE FOR HUMAN CONSUMPTION without prior treatment, including disinfection.

Only water that comes from a protected source such as a well, or that has been subject to some kind of treatment, is considered suitable for drinking. Unprotected surface waters are always considered unsafe, and samples from these sources should not be submitted unless some form of treatment has been first applied.

How is Bacteriological Safety Determined?

Drinking water is tested for the presence of two groups of bacteria, total coliforms and fecal coliforms. Total coliform bacteria are always present in animal wastes and sewage, but are also found in soil and on vegetation. Fecal coliform bacteria are only found in intestinal contents of warm-blooded animals.

The presence of fecal coliforms is more likely to represent sewage contamination, and is of greater concern because the risk of disease agents also being present in the water is higher. Fecal coliforms tend to die more rapidly outside the body, consequently their presence in water indicates relatively recent contamination.

No one should drink water containing fecal coliform bacteria in any number.



Although it looks romantic, water taken directly from a lake for drinking is not considered safe.

How Does Water Become Contaminated?

- By run-off or ground drainage seeping into unprotected surface waters or inadequately sealed wells and springs.
- By pipes and soil during construction of a new well. New wells should be disinfected before testing and use.
- By surface drainage and ground percolation into shallow dug wells that are improperly sealed.
- By sewage disposal systems close by or up hill from the water source.

 By pipes, pumps, aerators or splash preventers, non-sterile sample containers, dust and human hands.

Test Your Water

The Ministry of Health provides sterile bottles in which you can submit samples of your drinking water for bacteriological testing. The tests are performed without charge. To have a water sample analyzed, follow this procedure:

 Secure a water sample bottle from your local Medical Officer of Health, or from one of the Public Health Laboratories listed at the end of this Chapter.

- Fill the bottle with a sample of the water to be tested, following the sampling instructions given below.
- Send the sample immediately, in the mailing tube provided, to: Public Health Laboratory Ontario Ministry of Health at the nearest location listed at the end of the Chapter.

A well supplying a summer cottage should be tested as soon as the cottage is opened each spring, and the water should not be drunk without treatment before the results of the test are obtained. In addition, a well should be tested once or twice during the season, preferably after heavy rains.

Sampling Instructions

To avoid contaminating the sample, keep the bottle unopened until the moment it is to be filled.

Also, never rinse it out before taking a sample. The bottle contains a preservative, essential to the keeping qualities of the sample, but generally present in so small an amount as to be invisible. Since this preservative dissolves in water, it would be lost if the bottle were rinsed before it was filled.

During the sampling procedure, neither the cap nor the neck of the bottle should be allowed to touch anything.

To take the sample, hold the bottle by the base with one hand, and remove the cap with the other. Continue to hold the cap, without touching its interior, while filling the bottle, then replace the cap without touching the neck of the bottle with your fingers.

How Many Samples Should Be Collected? ...and When?

 Three samples with acceptable results collected one to three weeks apart indicate a safe supply. Once or twice a year after is sufficient, unless there has been some change in source conditions or physical appearance of the water.

- Two or three samples at the cottage during a season, if all are acceptable for drinking.
- From a new or repaired well after disinfection, and again one to three weeks later to confirm acceptable results.
- After any flooding or other changes that may have introduced contamination. If repeat samples show continuing contamination, some corrective action is necessary.
 Repeated testing alone will not provide a safe water supply.

Sampling from Taps

If you are trying to check the quality of the water supply itself, certain precautions are necessary to avoid sample contamination through the tap.

- Remove any external fittings from the tap, such as an anti-splash nozzle or rubber tube.
- 2. Clean the tap nozzle carefully.
- Turn the tap on full and allow the water to run for two or three minutes. This will flush the interior of the tap and discharge any stagnant water from the pipe.
- 4. Turn off the tap and dry the outer surface with a clean cloth. Take care not to touch the tap with the fingers during the rest of the sampling procedure.
- Allow the water to run for a few seconds. Then fill the sample bottle from a gentle stream of water, taking care to avoid splashing.

Sampling from Wells

- If the well has a mechanical pump, take the sample from a previously cleansed tap on the rising main, or from a nearby tap before the water reaches the reservoir or cistern.
- If the well has a hand pump, pump the water continuously for at least five minutes before taking a sample. Then clean the mouth of the pump – and pump several more gallons of water to waste. Take the sample by allowing the pump water to flow directly into the bottle.

3. If the sample is to be taken from a well where water can be raised only by means of a bucket or a can, do not fill the sample bottle from this bucket. Rather, obtain a sample by lowering the sampling bottle into the water.

Treating Your Water

If you are not sure of the quality of the water, treat it by boiling or by chlorination. Never use untreated water for: drinking; brushing your teeth; washing dishes; or washing fruits and vegetables that are to be eaten raw.

Boiling

Heat the water to a rolling boil for at least five minutes to destroy any bacteria.

One disadvantage of boiling is that the gases dissolved in water are driven out resulting in a flat "boiled" taste. This can be removed, however, if the water is left to sit in a covered container (to prevent contamination) for a few hours. The taste can also be restored by pouring the water back and forth from one clean container to another.

Chlorination

Add a small amount of chlorine to the water to make it safe to drink. But note that solid particles in the water can shield bacteria from the action of the chlorine. If the water is cloudy, filter it BEFORE you chlorinate it.

1. Chlorination in Batches

Using a dropper, add eight drops of household bleach (4% - 51/4% available chlorine) to 4 litres of water; stir, and allow the mixture to stand for 15 minutes before using it. At the end of that time, there should still be a faint odour of chlorine left. If there is not, repeat the process.

This is a strong dose of chlorine, and it will make most water safe to drink. However, if the water does not need that much (i.e. if the "chlorine demand" is low) the chlorine not used up will leave a taste. The water should have a slight chlorine odour. If the treated water has too strong a taste, it can be made more palatable by allowing it to sit exposed to the air for a few hours. You can also pour the contents from one container to another several times.

If the strength of the bleach is not 4% - 51/4% available chlorine (some labels may read "active ingredient Sodium Hypochlorite 5.25%") and you do not have a testing kit, calculate the number of drops required. Just divide 40 by the percentage of available chlorine in the bleach.

2. Continuous Chlorination

For continuous water disinfection, you may obtain a small domestic water hypochlorinator (sometimes coupled with activated carbon filters). These are supplied by firms listed in the Yellow Pages under "Water Purification."

Chlorine tablets can also be purchased with instructions on how to use them. If there are no instructions, then use one tablet for each quart or litre of water.

Lake Water

A lake, as already indicated, is subject to contamination at any time, either through natural surface runoff or through human intervention.

Common sense suggests that the water inlet should not be located near where people swim or where boats leak gasoline and stir up sediment. Private sewage disposal systems should be located far enough from the lake so as not to pollute.

Even with these precautions, however, never assume or depend upon the purity of untreated lake water.

Well Water

How Wells Become Contaminated

Well water is more reliable, but it, too, can easily become contaminated; regular testing is an essential precaution.

How to interpret a bacteriological report.

Remember that strict numerical limits for safety are difficult to establish, and that as the number of coliform bacteria increases so does the risk of disease agents being present in the water.

Coliform bacteria per 100 ml		
Total	Fecal	Interpretation
160	60	Unsafe for drinking. This water is contaminated and should not be used for drinking under any circumstances. Do not attempt to apply these standards and interpretations to surface waters used for swimming.
10-160	1-60	Unsafe for drinking. Pollution source may be some distance from the water source, or diluted with large volumes of pure water, or the sample may not have been received within 48 hours of being taken. Samples older than 48 hours cannot provide reliable results.
10-160	0	Unsafe for drinking. Contamination is not likely to be of sewage origin unless far removed from the water source or unless there has been a delay in receipt of sample. Common with new wells before disinfection and shallow dug wells which are not properly sealed.
2-10	0	Doubtful for a single sample, but safe for drinking if condition remains stable and supply is protected and located at least 30 - 40 m. from any source of human or animal wastes.
2	0	Safe for drinking. Repeat samples may not show exactly the same results because bacteria are not distributed uniformly in water, contamination tends to enter intermittently and numbers can change during sample transit time.
Est		Unsafe for drinking. Number has been estimated due to some interference with the test. Exact number is no really critical, especially if in excess of limits shown above, for judging safety.
O/G		Doubtful condition and not recommended for drinking. No coliform bacteria could be detected because of "overgrowth" by other bacteria. This condition frequently occurs with new wells, dug wells receiving soil drainage, or wells which have been idle for some time. Collect another sample and identify clearly "REPEAT SAMPLE."

A well may become contaminated in one of two ways: the ground-water that supplies it may itself be polluted; or the well may admit pollution through faulty location or construction.

If the groundwater is polluted, continuous chlorination of the well is essential. If the groundwater is pure and the well is faulty, however, the fault can usually be corrected and the well disinfected.

How to Keep the Well Clean

Prevention: Pollution usually enters a well through the top. It may get in either directly, through a loose lid, or indirectly, by way of unsealed sidewalls. To prevent this sort of pollution:

 Make sure that surface water cannot drain into the well. If the well is located in a dip of land, raise the top above the

- surrounding area so that the rim is well above the trickle level of even a heavy rainstorm.
- Have the walls of the well sealed for a distance of at least 3-4 metres below the ground level.
- See that the lid is sealed around the rim of the well, around the pump base, and around the manhole, if there is one.

Cure: If the well is already contaminated, make the corrections suggested above before purifying it, or it will quickly become contaminated again, restoring the risk of disease. New wells, renovated wells, or wells upon which any construction work has been done, all should be disinfected before use.

How to Disinfect a Well 1. Calculate the volume of water

To calculate water volume, measure the depth of the water and the diameter of the well. The volume of water in Imperial gallons is then:

 $V = 4.9 \times D \times D \times H$, gallons

where D = well diameter in feet

H = water depth in feet

For example, if a well 3' in diameter and 20' deep has water within 5' of the top, the water depth is 15'. Then the water volume is:

Volume = $4.9 \times 3 \times 3 \times 15$

= 662 Imperial gallons

(4.55 litres = 1 Imperial gallon)

2. Add chlorine

For each 100 gallons of water in the well, add

- (a) 6.6 oz. of calcium hypochlorite (7-8 oz. will do), or
- (b) 6.62 x 16 = about 105 oz. of household bleach
 - = about 3¹/₂ 32-oz. bottles
 - = about $2^{1}/_{2}$ to 3 quarts

For convenience, the tables which follow overleaf give the amounts of household bleach to be added to dug wells up to one metre in diameter or drilled wells up to 15 cm in diameter at various water depths.

NOTES ON CHLORINE USE

- (a) If calcium hypochlorite powder is used, it should be mixed with water to form a solution before being added.
- (b) With most drilled wells, the chlorine solution can be added through the vented sanitary cap.
- (c) CAUTION Any chlorine solution should be handled carefully. It can bleach clothing and injure the eyes and skin. In case of spills, wash off with copious amounts of water for at least 10 minutes.

3. Let the chlorine work

Stir the water if possible. If the water is piped to the house, pump the chlorinated water through the piping system. To be sure it disinfects the entire system, allow each faucet to run until you can smell the chlorine, and then turn it off. Let the chlorinated water stand in the well and in the piping system overnight (about 12 hours).

4. Remove the chlorine

Pump the water to waste until the well is dry or until no further odour of chlorine can be detected in the water at any of the taps.

5. Take a sample

Obtain a bacteriological sample bottle, take a sample at the tap (or the spout, if the water is not piped to the house), and submit it as described above for bacteriological analysis. Do not assume the water is safe until the laboratory results tell you so. Until the results come back, continue to boil or chlorinate the water before

6. Repeat the test

Have the water tested at intervals, as suggested above, to make sure that no further contamination has entered.

CHLORINE FOR DUG WELLS UP TO I METRE IN DIAMETER

Water Depth (metres)	Household Bleach (litres)
1.5	.95
3.0	1.9
4.5	2.8
6.0	3.8
7.5	4.7
9.0	5.6

CHLORINE FOR DRILLED WELLS UP TO 15 CM IN DIAMETER

	Household
Water Depth,	Bleach,
(Metres)	(ml)
7.5	150
15.0	300
22.5	450
30.0	600
37.5	750
45.0	900
52.5	1050
60.0	1200

Notes:

- (a) If the water level is between two of the values given, use the chlorine dose for the higher water level.
- (b) If you do not know how high the water stands in a drilled well, use the well depth to estimate the chlorine dose.
- (c) These quantities are based on bleach with 5% available chlorine. If your bleach has a different strength, choose the correct amount of 5% bleach for your well size, multiply that amount by 5, and divide the product by the percentage of available chlorine in the bleach. The result will be the proper amount of bleach to use.

The Test for Chlorine

Where a chlorinator is used, it is essential to have a means of testing the amount of free chlorine residual injected into the water. A "D.P.D." chlorine testing kit should be used, which is available from most equipment suppliers.

The water supply should carry a free available chlorine residual of 0.2 to 0.5 parts per million, as determined by a test made after at least 15 minutes chlorine contact time. While the operation of the chlorinator is relatively simple, it is a good idea to ensure that the person who is responsible for the chlorination is familiar with both the operation of the machine and the required tests.

Water Treatment Devices for Home Use

Household water treatment devices that use any one of the processes below should produce bacteria-free water. Although no regulations currently exist to control the sale of these devices, public information was developed to protect the public. This was prepared by a joint voluntary government committee in co-operation with the Canadian Water Quality Association, whose members manufacture many of the devices on the market.

Useful advice

Any device should be cleaned regularly, especially after a period of non-use when it is advised to disinfect it and flush it for at least 30 seconds.

The material of construction for these devices and contact systems shall not react with water or with disinfection chemicals, nor impart toxic constituents to the treated water. The device should be constructed to avoid any risk of contamination or any electrical or fire hazard.

Water treated by any process should not be stored more than two days and preferably under refrigeration.

The following will help you assess the systems available.

I. Ceramic Filters

POINTS TO NOTE:

- A cracked or otherwise damaged filter may be ineffective. Care is required when handling, transporting, installing and cleaning any filter unit.
- Filtration alone may be ineffective on certain raw waters. The following should be carefully considered if you wish to use this process.
 - a) Bacterial levels should not be excessive. As a guideline, raw waters containing over 1000 total coliforms per 100 mL or over 100 faecal coliforms per 100 mL should not be treated by this process alone.
 - b) Raw waters in which human pathogenic viruses are present should not be treated by this process either - unless it has clearly been shown that the filter will remove viruses. (Raw water that meets the guideline for coliform levels would normally not present a virus problem.)

II. Ultra-violet Irradiation

Preferred units have a device for monitoring or sensing ultra-violet transmission through the maximum depth of water in the chamber – effective to meet the microbiological criteria. The monitoring or sensing device is designed to shut off the main-line valve during lamp or sensor failure, or if insufficient ultra-violet light is reaching the sensor.

POINTS TO NOTE:

The raw water to the unit must be of reasonable quality to ensure adequate treatment. The following conditions may make the unit ineffective:

- 1. Excessive bacteria.*
- Excessive colour, turbidity, iron and/or organic impurities.*

The U.V. will work best where voltage or cycle variations do not exceed manufacturer's specifications. Remember, U.V. lamp output drops with age; the lamp should be changed regularly.

Ultra-violet treatment does not provide residual bactericidal action. A U.V. device should therefore not be used on raw, bacterially unsafe water without regular cleaning of the unit,

as well as disinfection of the distribution system.

III. Iodine Feeders

Erosion-type feeders provide a dosage of saturated iodine solution that will produce a continuous iodine residual of between 0.5 and 1.0 mg/L. They must also provide an iodine contact time of:

15 minutes for well waters
30 minutes for surface waters
A retention tank may be required to achieve this.

POINTS TO NOTE:

- The raw water to the unit must be fairly good to ensure adequate treatment. Watch for:
 - a) Excessive bacteria.*
 - b) Excessive colour, turbidity, iron and/or organic impurities.*
- At low temperatures the disinfection rate may be lowered. A contact time of 30 minutes is therefore required especially in near freezing waters.
- This device is recommended for cottages, summer camps, or resorts, and farm use only. The implications of its year-round use are still under study; much is unknown about the physiological effects of prolonged consumption of iodinated water.

An appropriate activated carbon filter positioned after the iodinator's retention tank may be advisable when used year round.

IV. Chlorination

These devices are designed to provide a dose that will produce a free available chlorine residual of at least 0.5 mg/L, following a contact time of 20 minutes. A retention tank, in addition to a pressure tank, may be required to achieve this.

POINTS TO NOTE:

Again, the raw water must be of reasonable quality to ensure adequate treatment. Watch for:

- 1. Excessive bacteria.*
- Excessive colour, turbidity, iron and/or organic impurities.*
- 3. A pH of 8 and above.*
- Excessive dissolved iron, manganese or some organics may precipitate, thereby requiring postfiltration treatment.

NOTE: While chlorination is an accepted disinfection process, bacterial analyses must be made often to ensure safety.

V. Ozonation

 These devices provide a small amount of free residual ozone to the treated water immediately after treatment. An ozone test kit for residuals in the range of 0.1 to 1.5 mg/L 0, comes with each unit.

POINTS TO NOTE:

Once again, the following conditions may make the unit less effective.

- a) Excessive bacteria.*
- Excessive colour, suspended solids (turbidity) and/or organic or inorganic impurities.*
- Excessive dissolved iron, manganese or some organics may precipitate, thereby requiring postfiltration.*

Ozonation does not provide persistent residual bactericidal action. After a period of non-use, the distribution system should be disinfected with chlorine – prior to putting the ozone on-line.

Iodination, chlorination and ozonation processes require a test kit supplied with the device. Regular testing for residual levels are essential. Carbon filtration could eliminate chemical residuals.

VI. Distillation

POINTS TO NOTE:

During the distillation process, steam volatile organics in the water (e.g., phenolics) may be concentrated in the condensate. Claims for removal of such organics as chloroform, pesticides, herbicides, etc. should be backed by test data.

Contamination of distilled water in the reservoir may be a problem unless the reservoir is effectively washed and cleaned regularly.

Distilled water should be stored in non-metallic or special containers.

VII. Activated Carbon Devices

Activated carbon and reverse osmosis devices are used to improve the chemical composition and the aesthetics of the water but not to disinfect. They may support the growth of entrapped bacteria that will be released into the effluent water. The use of these devices should be limited to microbiologically safe water or combined with one of the above disinfection devices.

POINTS TO NOTE:

The following conditions may make the unit ineffective:

- Presence of bacteria*
- Excessive turbidity and/or organic impurities*

VIII. Reverse Osmosis

Reverse osmosis is a water conditioning process by which water is separated from dissolved minerals or iron by a semi-permeable membrane.

POINTS TO NOTE:

The following conditions may make the unit ineffective:

- Excessive bacteria*
- High levels of iron or hydrogen sulphite*
- Low pressure in the drinking water lines.

For more information, complete guidelines may be obtained from the Drinking Water Section, Water Resources Branch, Ontario Ministry of the Environment, 1 St. Clair Avenue West, 3rd Floor, Toronto, Ontario, M4V 1K6.

*Some of these problems may be corrected by pre-filtration, while others could require pre-treatment, possibly complex and expensive.

Sources of Sampling Bottles

Sterile sample bottles for submission of water samples may be obtained from any one of the following provincial public health laboratories.

LOCATION	TELEPHONE	POSTAL ADDRESS
Hamilton - Hamilton Psychiatric Hospital, 250 Fennell Avenue West	416/385-5379	P.O. Box 2100, Hamilton, Ont. L8N 3R5
Kingston – Government Buildings, 181 Barrie Street	613/546-2292	P.O. Box 240, Kingston, Ont. K7L 4V8
London - London Psychiatric Hospital, Off 850 Highbury Avenue	519/455-9310	P.O. Box 5704, Terminal A London, Ont. N6A 4L6
Orillia - Highway 11B South, 750 Memorial Ave.	705/325-7449	P.O. Box 600, Orillia, Ont. L3V 6K5
Ottawa – 346 Moodie Dr.,	613/828-2442	P.O. Box 6301, Station J, R.R. 2 Nepean, Ottawa, Ont. K2A 1S8
Palmerston - Midwestern Regional Children's Centre, Hwy. 23	519/343-3102	P.O. Box 700, Palmerston, Ontario NOG 2P0
Peterborough – 1341 Dobbin Avenue	705/743-6811	P.O. Box 265, Peterborough, Ontario K9J 6Y8
Sault Ste. Marie - (Albert and Brock Streets) 160 McDo	705/254-7132 ougall St.	P.O. Box 220, Sault Ste. Marie, Ontario P6A 5L6
Sudbury - 1300 Paris Crescent	705/522-2640	Sudbury & District Health Unit, 1300 Paris Crescent, Sudbury, Ont. P3E 3A3
Thunder Bay – 336 South Syndicate Ave.	807/622-6449	P.O. Box 1100, Station F, Thunder Bay, Ont. P7C 4X9
Timmins – 67 Wilson Avenue	705/264-9571	67 Wilson Avenue Timmins, Ont. P4N 2S5
Toronto - 81 Resources Rd. (Hwy. 401 & Islington Ave.)	416/248-3163	Box 9000, Terminal A, Toronto, Ont. M5W 1R5
Windsor - 3400 Huron Church Road	519/969-4341	P.O. Box 1616, Windsor, Ont. N9A 6S2

CHAPTER V

Toilets & Unsewered Waste Disposal Systems

What To Do With Your Sewage, etc.

With more than 300,000 cottages in Ontario, it's not surprising that the disposal of human waste is one problem all cottagers have in common.

Where toilet facilities can be connected to municipal sewage systems, the solution is obvious.

But in most cases municipal services are not provided. The alternative is a good septic tank system or a system using an approved aerobic packaged plant. These systems are capable of treating all the sewage from a cottage residence.

Class 1 Sewage Systems

There are other types of sewage systems in use in Ontario that may be used under certain circumstances to treat a portion of the sewage generated. Various types of unsewered toilets (earth or pit privies; vault privies; removable pail privies; chemical toilets; incinerating and composting toilets) are used to dispose of human waste only, and are collectively called "Class 1 Sewage Systems".

They are usually used because of their simplicity and low installation costs. When properly installed, used, and maintained, they can give good service without damaging the environment.

Separate System for Grey Water

When a "Class 1 Sewage System" is used, a separate sewage system is needed to dispose of the waterborne sewage from the kitchen sink, baths, showers, laundry, etc., which is frequently referred to as "grey water".

But where the water system is pressurized, a soak or leaching pit is generally inadequate and a septic tank or aerobic system is needed. Under these circumstances the cottager will frequently use the septic system for all the sewage unless the water supply is very restricted.

Providing the quantity of grey water is low, as in a cottage without a pressure water system, a soak pit or "Class 2 Sewage System" may be used

The Septic Tank System

What Does it Do?

Where you can't hook onto the municipal sewers, a septic tank system is a good choice. It consists of a septic tank to settle the solids out of the sewage, followed by an underground leaching bed in which the sewage is treated and dispersed in the soil.

The big advantage of this system is that it will accept all household wastewater: from the bath, the dishwasher, and washing machine, as well as the toilet.

If treated with reasonable consideration, a septic tank system will accept all these waste waters without complaint for several years – until it's time to pump the accumulated sludge out of the tank. If the system can be treated so that the sewage flows by gravity to the tank and then to the leaching bed, it needs no machinery or power, and (apart from pumping

out the tank occasionally) little maintenance.

How Does it Work?

The only way to dispose of sewage, as distinguished from merely sending it somewhere else, is to prepare a comfortable home for the microorganisms that eat it.

Many strains, often known as "bugs"; perform this useful function. They can be divided into two groups: the aerobic ones, which need oxygen, and the anaerobic ones, which can't abide it.

The Septic Tank

Anaerobic bacteria live and work in the septic tank, which is just that: a tank. It's usually big enough to hold several days' worth of sewage, and is shaped so that the flow is slow and reasonably uniform.

Sewage from the cottage enters the tank where the solids settle to the bottom as a sludge, fats and greases rise to the top to form a scum. The sludge gets partly decomposed by the anaerobic bacteria. If the system is working well, the liquid portion that flows out of the tank is relatively clear, although it still has an odour, and may carry disease.

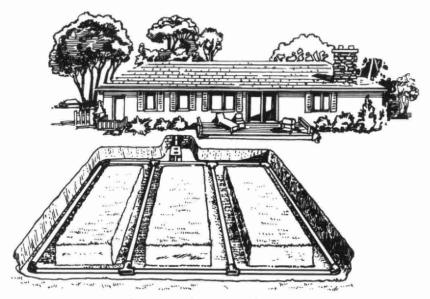
It shouldn't go anywhere but into the leaching bed (or equivalent treatment facility). Never into a ditch or watercourse!

SOLUTIONS MAY VARY

Please note: the disposal methods described in this chapter are not equally acceptable everywhere. Local by-laws, as well as soil conditions may rule out some methods.

Note also all figures, specifications, etc., mentioned in this Chapter are for guidance only. To find out which forms of sewage disposal are approved in your area (and details of the Regulations), contact your local staff at the Ministry of the Environment, or Health Unit. See Chapter 12 for offices nearest you.

All sewage disposal installations require approval except - "Class 1 Sewage Systems".



Typical lay-out of septic tank tile bed system.

The Leaching Bed

A leaching bed of the trench type consists of two or more rows of buried distribution pipe, each row of which is set in a bed of 3/4" stone in a trench. Such beds are fregently called "tile" beds. Earlier practice, which is still permitted, was to use lengths of clay or cement pipe about 30 cm long called "tiles" which were set in a row 6-12 mm apart allowing the sewage to flow into the stone layer. The distribution pipe now commonly used is plastic pipe and is perforated with small holes (usually at the 4 and 8 o'clock position) along its length. The stone layer acts as a reservoir from which the sewage can seep slowly into the soil.

The dimensions of the trench and the details of how it should be filled in, the characteristics of the soil, the required length of the distribution pipe, and other particulars of the burial are important, and are specified in Ontario Regulation 374/81.

Sewage leaving the septic tank flows down the rows of distribution pipe, leaking continuously into the soil through the holes or gaps. In the soil it encounters a flourishing population of aerobic bacteria which finishes the good work begun in the tank by the anaerobic "bugs".

An alternative to the conventional or trench type of leaching bed is the filter bed. This is a leaching bed in which the sewage from the treatment tank is spread evenly over the surface of a sand filter by a network of distribution pipes which are set in a stone layer continuous over the area of the filter sand. The regulation specifies the sand that is acceptable and it is important that only an acceptable sand is used. The filter medium must be at least 0.75 metres deep. Depending on the nature of the underlying soil the filter medium may have to be extended at its base to provide a suitable contact area. Full particulars are in the regulation and should be obtained from the health unit or Ministry of Environment office. The only advantage of a filter is that it requires less space than a trench type bed and can be used providing the underlying and surrounding soils can disperse the bed effluent.

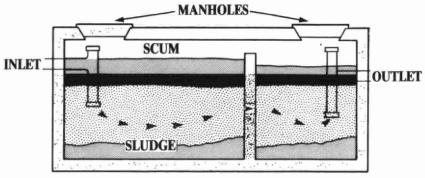
Leaching Bed Design

Under normal conditions the ideal location for a leaching bed is in a well-drained, sandy loam soil, remote from any wells or surface water. For the leaching bed to work satisfactorily the maximum elevation of any rock formation or layer of impervious material should be at least 0.9 metres below the elevation of the bottom of the absorption trenches, or the surface of the filter medium.

Where water table is the limiting factor, it is the highest water table that is of concern rather than the average or that found at the time of site investigation. The minimum separation between highest water and the surface of a filter or the bottom of an absorption trench is 0.5 metres.

Trickle discharge from the tank to the bed is permitted for trench type leaching beds with up to 150 m of distribution pipe. If the land is sloping, a pump may be used to lift the effluent to a point where gravity flow will resume. A minimum of 3" trade size must be used for gravity flow systems and 1"/4" trade size pipe for pressure systems. For trench type leaching beds having more than 150 m of distribution pipe, dosing of the bed by siphon or pump is mandatory.

The maximum length of any single absorption trench in a trench type bed is 30 m.



Cross section of the actual septic tank.

DANGER!

LEAVE CLEANING AND MAINTENANCE TO THE PROFESSIONALS.

Non-licensed persons should never enter septic or holding tanks. Over the years many people have died in them, owing to lack of oxygen, or the effects of the toxic gases found in them.

Beds on Sloping Sites

Leaching beds constructed in the conventional manner require sites that are level, or only slightly sloped. The economics and other problems of levelling the required area will generally limit conventional construction methods to slopes of not greater than 1 foot in 10 (10%).

Special installation methods are required for more steeply sloped sites. Information on these may be obtained from Ministry or Health Unit offices and may be used in slopes from 10% up to 25% (1 in 4). Leaching beds are not to be constructed on areas where the slope exceeds 25% in any direction.

Raised Leaching Beds

In cases where 0.9m of acceptable soil is not available under the pipe trenches above rock or impervious soil, a raised leaching bed may be built. Selected material is used to form a mound in which the absorption trenches can be set so that the desired 0.9m clearance below the trenches is obtained. An "impervious" soil is one having a percolation rate in excess of 50 minutes/cm.

A soil mantel of percolation time between 1 and 50 min/cm and at least 0.25 metres in depth is required beyond the outer pipes in any direction that the effluent from the bed will move in the soil. If the percolation time of the in-place soil is 15 min/cm or less it can serve as the mantle. If it is over 15 min/cm it will normally be necessary to add soil to form the mantle. This will be so in all cases if a filter bed is used and, in the case of trench type beds, where the percolation time of the fill imported to form the leaching bed is less than 75% of the percolation time of the soil on which the fill is placed. The soil surface should also be planted for stability.

Clearance distances outlined in the following section must be increased by an amount equal to 2 units horizontal for each unit vertical height of the surface of the leaching bed above natural grade.

Soil Assessment

The suitability of the soil for absorbing the liquid waste depends on such characteristics of the soil as its grain size and gradation, the presence of organic compounds, its structure, density, moisture content, "plastic" properties and chemical composition. These characteristics must be assessed and a judgment made on the percolative capacity of the soil for handling septic tank effluent.

To make this assessment an inspection must be made of the property. The result of the inspection and any soil testing is the selection of a percolation rate, "T" time, expressed in minutes.

Tank and Tile Bed Location

In locating a septic tank system all clearances are to be measured horizontally.

A septic tank should not be closer than:

- 15m to any well, lake, river, stream, water course, pond, spring or reservoir.
- 1.5m to any building or structure.
- 3m to any property boundary.

The distribution pipe in a leaching bed shall not be closer than:

- 15m to a well which has a solid watertight casing to 20 feet below ground
- 30m to a spring or well other than a well with a watertight casing to a depth of 20 feet.
- 5m to any building or structure where the bottom of the perforated or open jointed pipe or the tile is below the level of the lowest floor.
- 3m to any property boundary.
- 15m to any lake, river, stream, water course, pond, spring or reservoir.

The above distances are a minimum according to the Regulation. They may have to be increased to prevent pollution if soil or other site conditions dictate.

Operation and Maintenance

Various preparations are on the market which are said to start, accelerate or improve the action in the septic tank. But there should be no need to add any such product

since all the necessary bacteria are already contained in the sewage entering the system.

With the tank capabilities listed in the following table, it should not be necessary to pump out the tank more than once every three years. It should, however, be inspected at least once a year and pumped out if necessary. Failure to pump out a septic tank when required will result in sludge or scum being carried into the leaching bed, which in turn may clog and cease to function. In this event not only will the tank have to be pumped out, but the leaching bed may have to be replaced.

TABLE NO. 2 SEPTIC TANKS WORKING CAPACITY HOUSEHOLD SYSTEMS

Number of Bedrooms (2 persons per bedroom)	Minimum Total Working Capacity Litres*
2 or less	2700
3	3600
4	4500
5	4500

*4.55 litres = 1 Imperial gallon

Other Things to Watch For

A leaching bed can be damaged by vehicular traffic, or blocked by excessive root growth, and freezing. Moreover, snowmobiles driven over leaching beds destroy the natural insulation provided by the snow cover and allow frost to penetrate the bed, especially where it is used intermittently (e.g. on weekends only) during winter. Local pump-out contractors or your local authority can advise on the need to pump out septic tanks not used in winter.

The Drawbacks

There are few disadvantages to the septic tank system (apart from its cost), and even that may not compare too badly with the cost of other approaches since the system handles all household wastes.

Its major drawback is simply that it can't be used everywhere. An impermeable soil, such as clay, won't let the liquid flow through it; a shallow soil hasn't the necessary capacity; and a very cold climate may not suit the indispensable bacteria. Consult your local Environment staff or Health Unit.

Also, remember access by road or boat is required for pump-out servicing.

Aerobic Systems

These systems are, in many ways, similar to septic tank systems except that the "anaerobic" septic tank treatment is replaced by an "aerobic" treatment facility.

Although these aerobic units are usually more expensive than septic tanks, they often give a purer effluent. For this reason, in comparison with a septic tank system, less distribution pipe is required in a trench type leaching bed, and in a filter type bed a smaller area is permitted. This often means, for example, that trees which would have to be cleared for a septic tank system may be saved if an aerobic system is used.

This method features an aeration tank, and can accept all household wastewater, not just the toilet wastes.

The system is, in effect, a small activated sludge plant, similar to the secondary treatment plant of many municipal sewage works: air, vigorously stirred or bubbled into the wastes, nourishes aerobic bacteria, which break down the complex organic compounds of the wastes into simpler, inoffensive ones.

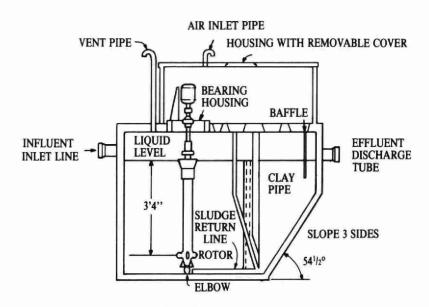
The products of their labor are a reasonably clear liquid and sludge. The liquid is discharged to a leaching bed. The sludge, like sludge from a septic tank, must be pumped out periodically and disposed of in a manner approved by the Health Unit, or Ministry's District Office.

Toilet Systems

It should be stressed that the following "solutions" to toilet waste disposal may be unacceptable in many parts of Ontario because of terrain.

In any event, they are only suitable for primitive cottage installations – and aren't usually approved for cottages with running water.

These systems are usually unacceptable for new cottages.



Typical aerobic treatment system.

Privies

Pit Privy

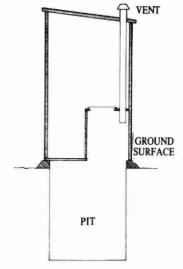
A pit privy is a hole in the ground, fitted with a seat for comfort and a shed for privacy.

It is justly popular for its simplicity, and it is widely used.

Despite this simplicity, a privy must be planned.

To begin with, the pit should be large enough to last at least five years before it fills up.

For sizing a privy, based on yearround family use in well-drained soil, estimate 60 dm³ per person per year. Bear in mind that this figure may not apply to camping conventions or busy resorts, where the pit may fill too fast



Pit Privy.

Ideally, the soil should be: porous

enough to permit liquid to seep through it; tight enough to keep liquids from running through too fast; and deep enough so that there will be at least 0.6 m of it below the bottom of the pit before you reach rock, an impervious soil layer, or water table.

for normal drainage and decomposition.

Build the shed stoutly, include a window, and assemble screens to keep out flies, rodents, and other carriers of filth. Metal sheathing on the outside walls may discourage those porcupines!

Don't neglect to vent the pit. Fresh air and foul should balance themselves somehow, through a good-sized vent pipe, (or preferably two vent pipes), rather than through the seat.

A screen on the top of the vent pipe will discourage flies, and a little raised roof (not a lid) will keep out the rain. The Ministry of the Environment supplies a working drawing on request.

Well-vented and considerately used, a privy is reasonably inoffensive and should not cause odour problems.

Consider also the soil in which the pit will be dug. There must be enough of it to surround the pit with two feet of earth in all directions, around it as well as below it.

And the soil must have the right composition. If it's too sandy, the walls of the pit will have to be shored to prevent cave-ins. If it's solid clay, the liquids will just sit. (The "groundwater", incidentally, is the water that saturates the ground beneath the surface. This water feeds springs and is tapped by wells. The "water table" is the top level of the groundwater.)

The ground should slope away from the hole on all sides. Do not dig your pit in the centre of a drainage basin. Also build a low mound around the privy to keep out rainwater runoff.

Be sure you stop digging the pit two feet above the water table. Remember that it varies during the year - higher in wet weather and lower in droughts. Check the level shortly after the spring thaw.

A final safety note: don't let a small child use the privy unattended.

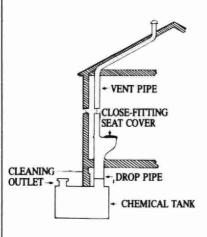
Chemical Toilets

The simplest chemical toilet is a bucket with a seat. The "chemical" part is a small amount of solution poured into the bucket before use.

It can act in one of three ways: as a caustic, a preservative, or a dye. Accordingly, it may decompose the wastes, preserve them, or merely improve their appearance.

The first two kinds of chemicals make the wastes harmless. The caustic, usually caustic soda or lye, liquifies and partly decomposes the wastes. At the same time it kills bacteria present and destroys parasite eggs, a significant feature in controlling disease.

A chemical preservative, such as formaldehyde, also destroys bacteria present; however, it prevents the wastes from decomposing.



Chemical Toilet (Drop Type)

Pail and Vault Privies

Variations on the privy theme include the pail privy and the vault privy.

These differ from the self-contained pit privy in that neither of them ultimately disposes of the wastes, they merely collect them and postpone the problem.

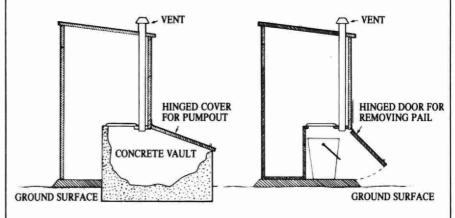
The pail privy substitutes a pail for the pit, while the vault privy uses a small holding tank, the "vault". (The latter, in lightweight plastic, is often encountered at construction sites and club-houses.)

The pail or vault privy will need to be emptied periodically. It is permissible to dispose of the contents into a cesspool constructed on the property.

A cesspool known as a "Class 3 Sewage System", is similar in construction to a "Class 2 Sewage System" or leaching pit. The difference is that a "Class 3 System" may only receive human waste from a "Class 1 System" whereas a "Class 2 System" is only for non-human waste. A cesspool requires the approval of the authorities and must be constructed to meet the standards of the Regulation. The clearance distances from a cesspool to wells, surface waters, etc., are contained in the Regulation, and exceed those of a leaching pit.

Waste from a pail privy may be dumped into a cesspool. But this will be more difficult in the case of the vault privy which is generally emptied by a contractor who pumps contents into a tank truck for disposal elsewhere. The contractor must be licensed by the Province and have a Certificate of Approval for the final disposal of the sewage, approved by the authority.

Unless suitable soil is a long walk from the house, you're better off with the pit privy, but if the choice is between a pail privy or a vault privy, the vault is the better choice. The pail is cheaper, but you may not enjoy carrying it!



Vault Privy.

Pail Privy.

Killing bacteria reduces the odours typical of the washroom. To further the good work, many chemical charges also contain a perfume, and possibly a blue or green dye to mask the yellow-brown colour imparted by nature.

Killing the bacteria also means that a chemical toilet (using either a caustic or a preservative) may safely be located in the cottage.

If the chemical charge consists of only dye and perfume, and lacks either kind of bactericide, the improvement in appearance is deceptive. The drawbacks: The chief disadvantage of the chemical toilet is that, like the pail and vault privies, it does not solve the problem; it merely gives you time to think about it.

Using a chemical disinfectant is also a coin with two sides. The same chemical that so conveniently inhibits decomposition during use continues to inhibit it afterwards; and disposing of wastes must ultimately take place through bacterial decomposition.

A chemical toilet may discharge through an overflow, or be otherwise emptied, into a cesspool. Otherwise it must be periodically pumped out by a service contractor in the same manner as a vault privy. Even if a cesspool is used, periodic cleaning out of settled solids and removals of a pump-out contractor is required.

The best option may be to dispose of the wastes by hauling them to a municipal sewage plant, provided the plant is big and the chemical toilets few. A big plant, with other contributions pouring in, can dilute the chemical mix to the equivalent of raw sewage and then treat it along with the rest. If too many people get the same idea, however, the chemicals could stop the bacterial action of the sewage works. For the same reason disposal of chemical toilet waste into a septic tank has its drawbacks. Although this is acceptable if the quantity is small in relation to the other flows into the tank.

1. Bucket

The basic version of the chemical toilet is a simple bucket, often fitted with a removal plastic liner and placed in a small, vented metal cabinet in the bathroom.

The approach is simple, and the unit is odourless when properly installed and operated.

On the debit side, the contents of the bucket are open to view at all times. Furthermore, when the bucket is more than half full, a user could be splashed with caustic, which burns, and dye, which may stain clothing.

There is also the problem of the full bags which must be removed at the proper time, and their capacity is limited. If their owner gives a party, for instance, they may not last the evening. They must be taken to an

approved dumping place, and steps must be taken to prevent punctures.

2. Splash Pan and Drop Pipe

Other models of the chemical toilet offer refinements to the basic concept.

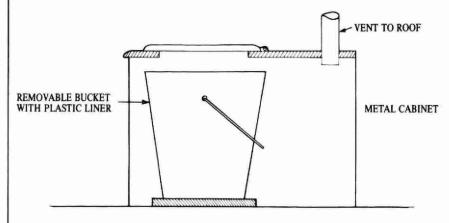
A splash pan is available, shaped like the bowl of the standard flush toilet, which prevents all but a rare splash. To allow room for the splash pan, however, the bucket containing the charge becomes a small tank (the plastic bag is no longer used) and the contents of the tank must be drained at intervals to a "Class 3 System" or pumped out. The installation is subject to all the local restrictions on holding tanks.

Another version locates the toilet over a tank buried in the ground beneath the cottage. The connection is usually made by a drop pipe, and the drop is usually sufficient to eliminate the need for a splash pan. The tank must be pumped out at suitable intervals, and the contents disposed of according to local bylaws.

3. Recirculating

The recirculating chemical toilet is similar to the splash-pan toilet, except that it uses the contents of the tank to flush the bowl.

The contents are liquified and dyed blue by the chemical charge. The unit is designed to eliminate splashing, and is aesthetically much like the standard flush toilet. (This is the toilet of the aircraft washroom). The need for a recirculating pump, however, increases the cost of this unit; it also may limit its use to areas where electricity is available. Although some units can be operated with a hand pump.



Chemical Toilet (Bucket Type).

4. Portable

A useful variant on the chemical toilet is the portable model. This is much like the basic bucket model, though it may have a splash pan and is fitted with a fairly tight lid and carrying handle.

It must be carried with some care to avoid splashing or spilling. Its capacity is, of course, limited by the need for portability, and the usual requirement for safe disposal of the contents.



Portable Chemical Toilet.

These units may be drained into a standard toilet and flushed to municipal sewers or to a septic tank, providing the quantity is limited in comparison to other flows received by the tank.

Incidentally, while looking at portable toilets, consider weight and stability. By the time it's ready for emptying, the toilet may weight 30 -35 kilograms; for many people, that's a lot to lift. Also, some models are unstable and may need a frame for convenient use by children or older people.

Incinerator Toilets

In these units, which may be heated by either gas or electricity, the wastes are burned to a dry, sterile ash, which may be discarded with no special precautions. The toilet is thus a self-contained unit requiring no further equipment for disposing of wastes.

The toilet consists of the incinerator unit, the necessary insulation, and the stack to lead combustion products away. Operation may

require burning after each use, or permit storage of sewage for incineration at a more convenient time. In the former type the burning cycle may be interrupted at any time for further use, but the frequency of interruptions is limited by the "storage" capacity of the equipment.

Toilet wastes are mainly composed of water. Consequently before the solids can be burned they must be dried. The drying process is one of boiling and this, as well as the actual incineration, may create odours. Good design, high combustion temperatures and the use of catalysts are used to overcome this problem.

In a well designed system the end product is a light ash which may be easily removed either by a vacuum cleaner or by removing the ash pan and dumping the contents. Operating costs of course include the electric power or gas used in incineration. As with other forms of toilets the advantages and disadvantages should be considered in light of the individual circumstances and preferences.

Only toilets whose electrical or gas burning components have been approved by the Canadian Standards Association, the Underwriters Laboratory of Canada, or the Canadian Gas Association should be used.

Composting Toilets

A comparative newcomer to North America, the composting toilet has been available for some years in Scandinavia. Its principle is simple. Like the compost heap in the garden or the manure pile beside the barn, the composting toilet allows organic materials to decompose in the presence of air. When fully composted the residual material is an inoffensive earth-like substance which can be used as a fertilizer. Unfortunately not all toilets of this type will produce a fully composted end product.

The toilet of a large unit is located in your bathroom, connected by a drop pipe to the tank directly below.

If your cottage does not have a basement, particularly if you're on thin soil, you have a problem.

Odour is eliminated, in principle, by an insulated vent pipe connecting the interior of the tank with the out-of-doors. When all goes well, this vent is not merely a passive conduit, but a chimney. The composting material in the tank is warm, as are the water vapor and carbon dioxide rising from it.

Since warm air rises, the warm gases in the toilet flow upward and out through the vent, creating a partial vacuum within the composting tank. This vacuum draws replacement air into the tank from two sources:

1) an air intake, designed to flow air through the wastes and keep them aerobic, and 2) the toilet seat, when the lid is up. The slight down-draft through the toilet seat also prevents odours from reaching the bathroom.

Garbage Disposal Too?

The problem with some units is the lack of aeration and excess fluids. Toilet wastes alone, even if mixed with toilet paper, tend to pack so tightly that it is difficult to pass air through the mass. An excess of urine (high in ammonia content) in relation to the carbon content of the composting mass, produces a carbon/nitrogen (C/N) ratio too low for good composting.

To overcome this difficulty, some units have special aerating pipes. In other units the proper conditions for good composting may be obtained by adding fluid absorbing material to improve the process of decay. If this material is rich in carbohydrates (kitchen refuse, paper, leaves, grass) positive effects are obtained in all

respects. A better ventilation is obtained as the excess fluid is absorbed and the mass made more permeable to air. The aqueous content is stabilized and is less influenced by load variations. Also, decay is influenced favourably – through a better C/N balance.

Care should be taken not to add substances that are non-biodegradable, such as tin cans or plastic containers. These sytems are **NOT** garbage disposal units. The waste is added primarily to improve the composting process.

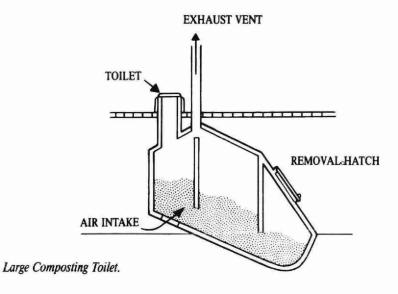
Large Scale Composting

A large unit takes time to reach its steady state condition in which the tank continuously accepts wastes, and emits a continuous supply of compost under ideal conditions.

Filling the tank takes longer than one might expect, since the composting process reduces the original volume by about 90%.

During the period while the tank is filling, there may be too little compost to absorb the liquids until they evaporate. The addition of peat moss should overcome this problem and assist the process.

Finally, the venting system may be affected by hot weather. When the surrounding air is as warm as the air in the pipe, the column in the vent pipe will not rise. Hence the odour of the uncomposted contents of the tank may seep throughout the house. A small exhaust fan should solve this problem. Also painting the stack black to absorb the heat of the sun



and thus warm the air inside the pipe has been found to improve the venting of systems installed where no electrical power is available.

The Smaller Composter

The small composting toilets essentially consist of a box with a comfortable seat on top. The size of the box varies but it will fit into most bathrooms. No hole in the floor is needed, but a two-inch to four-inch vent-pipe must be led outside.

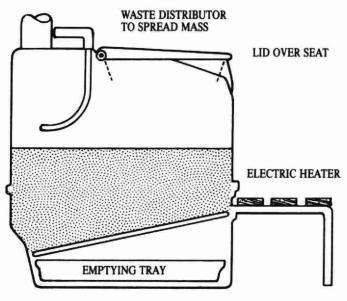
Hence the smaller composting mass can no longer be left to find its own operating temperature. The contents must be heated by a small, low-temperature electric resistance unit fitted below the composting wastes. In addition, a small fan in the vent pipe is also essential, both to draw air through the contents, and prevent odours from emerging when the lid over the seat is raised.

In due course, the matured compost must be removed from the toilet. This task should not be necessary more often than every six months to a year. In most units, the composting sewage rests on a screen about the bottom of the box. The owner, using a mechanical device supplied with the unit, disturbs the bottom layers so that the material drops through the screen into a collecting bin, which can be removed and emptied.

Because of their size, small units are designed to accept only toilet wastes. Here many of them encounter the same problem as their larger counterparts; the wet and close-packed wastes resist all efforts to draw air through them and set up their own unsavoury anaerobic system. If the urine can drain away or evaporate quickly, the solid residue can set into a firm block.

Several units come with an internal device for stirring (and thus aerating) the mass, usually operated by a handle projecting outside the unit.

The manufacturers of some units recommend adding cellulose to keep the mass loose enough to be aerated. The addition of vegetable scraps in moderate amounts also helps accomplish this.



Small Composting Toilet.

Composting May Stop In Winter

Like most micro-organisms, those that cause aerobic decomposition work best when they are comfortably warm. They slow down as they cool, and become dormant at low temperatures. A composting tank kept outdoors or in an unheated basement cannot be expected to operate well in winter. The chilled bacteria wait for spring, and the tank serves primarily as a holding tank. Your system should be sized accordingly. For this reason where a composting toilet is installed in a cottage for year-round use, it should be elevated off the floor 5 - 8 cm if there is no basement. This allows warm air from the room to circulate around it and keep the contents warm

The warmth and nutrients in composting toilets make it ideal for raising fly larvae. The mild downdraft at the toilet and garbage chute may or may not be enough to contain the swelling population. A well-designed vent pipe comes complete with a fine-mesh fly-screen, which will probably prevent these insects from entering the tank by this route, but there are other routes.

Because the well-being of composting bacteria is so important, you cannot use disinfectants. Fortunately, biodegradable insecticides are available from the manufacturers of some composting toilets.

Is Compost Safe?

As every gardener knows, compost supplies excellent natural enrichment when dug well into the soil. Manure and human wastes have long been used for the same purpose, and in some places still are.

Since bacteria and viruses responsible for many serious human diseases pass out of the body with the feces, some precautions are necessary.

In a compost heap the bacteria, etc., will die from the lower temperatures, the drier conditions, and the competition of the natural (and harmless) bacteria of the soil.

Compost, which has spent enough time in a composting toilet, will usually contain only the microorganisms commonly found in garden soil.

But if the residence time is short, or if the toilet is experiencing problems, matters may be different.

The makers of composting toilets generally recommend using the unit's product freely to nourish shrubs and flowers. However, the well composted product should be dug in rather than spread as fertilizer on the ground. They recommend it for vegetables too. We discourage its use in this manner on vegetables that you eat. Use some other fertilizer around the roots of root vegetables, or in soil in which salad vegetables grow.

Alternative Approaches

Low-Volume Toilets (Minimum-Flush)

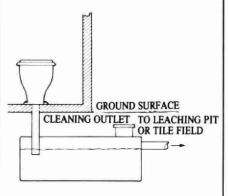
These toilets closely resemble the standard flush toilet, except for the reduction in water use. Where the standard toilet typically requires 15-20 litres per flush, the low-volume toilet uses an economical two litres.

To avoid odour, some models are designed with a water seal in the form of a spring-loaded plate which presses upward against a gasket. A foot-pedal tilts the plate down after use, permitting wastes and flush-water to flow to the septic tank. After the pedal is released the spring-loaded plate closes and a portion of the clean flush-water is retained in the bowl.

As an additional advantage, in areas lacking pumped water, some units can be flushed manually by pouring a quart or so of water into the bowl. The disadvantages tend to centre around the seal. Toilet paper can prevent the plate from seating properly, so the water seal is lost, and with it odour protection.

Repeated use can distort the plate or gasket slightly, with the same result. And don't let your foot slip off the pedal controlling that spring-loaded plate. The plate has been known to snap back into place with such vigor that the contents are spilt.

Low volume flushing toilets do not, of course, reduce the solid content of the sewage. For this reason, the septic tank requirements are the same as a normal flush toilet system.



Minimum Flush Toilet

Any reduction in the amount of distribution pipe used in the leaching bed will be at the discretion of local authorities. A reduction cannot be expected if the amount of water saved is indefinite, due to: the manner in which the toilet operates; its reliability; or if use of the water saving device is discontinued.

Water Saving Devices

Some cottagers are installing water saving devices (in the tank of conventional toilets) to conserve water.

While this is unlikely to affect the size of the tile bed required, using less water will extend the bed's life - and reduce the chances of nutrients reaching your lake.

Incidentally, putting a brick in your toilet tank to save water is a questionable solution. The brick displaces water and reduces the water available for a flush, i.e. you will not get such an efficient flush.

Second, over the years the brick will deteriorate. It's quite likely that brick particles will then prevent the tank's outlet flapper from closing. Which means you will lose water continuously.

Holding Tank

There are instances where, because of inadequate soil on the lot or the limited size of the lot, a satisfactory subsurface sewage disposal system is not possible to service an existing cottage or home.

In these circumstances, the only solution may be to install a holding tank.

A holding tank is exactly what the name implies. It is a tank that will hold the sewage until it can be pumped out and disposed of in an acceptable manner – usually at a sewage treatment plant.

A holding tank by regulation must be of at least 4500 litre capacity and equipped with either a visible or audio alarm system (preferably both). This alarm system should be set to trigger while there is still a sufficient capacity left in the tank until the pump-out truck arrives.

Summary

Class 1 System

Includes various types of unsewered toilets. Its use with new construction is uncommon due to the sewage disposal requirements for nonhuman waste, (see class 2 system below) unless water conservation is important. With a Class 4 or 6 system installed to handle a pressurized water system, there is no other advantage to a Class 1 system.

Class 2 System

A soak or leaching pit. Only used for non-human waste and only suitable where water borne waste volumes are low. Not normally authorized with new construction as a sewage system capable of treating all waste from modern plumbing and appliances is preferred. May be authorized at the Director's discretion for use in conjunction with a Class 1 sewage system.

Class 3 System

A cesspool. Similar in construction to a Class 2 leaching pit, but only used to receive waste from a Class 1 system, i.e. human waste. Requires approval to install.

Class 4 System

A septic tank system.

Class 5 System

A holding tank, only used where other disposal solutions are impractical, or in temporary situations. Rarely approved with new construction.

Class 6 System

Packaged aerobic treatment plant system.

CHAPTER VI

Fish Contamination

Which Sport Fish to Eat?

Fish in many parts of the world have been affected by industrial or natural contaminants. In Ontario, the metal mercury has been the principal trace contaminant affecting fish. The government's continuous testing program has also detected traces of such man-made compounds as DDT, mirex and poly-chlorinated biphenyls (PCBs) in some fish from some water bodies. We're all concerned about this because prolonged consumption of contaminated fish could lead to severe illness.

These contaminants, however, have never been detected in water in sufficient quantities to make any Ontario lakes or rivers unfit for swimming or as a source of treated drinking water.

Thousand of Ontario's lakes and rivers have fish that are free from significant contamination. Others contain fish that are contaminated to some degree, and may be consumed occasionally. Fish from some lakes contain enough contaminants to make them unsuitable for consumption. Usually these are the larger, more mature fish that have accumulated the contaminant over many years.

The Contaminants of Concern

The contaminants detected in Ontario sport fish that can cause health problems are mercury, PCBs dioxin, mirex and DDT. Other substances, such as lead, arsenic and cadmium, are also being monitored. But concentrations found to date indicate that these do not pose a

Fish containing mercury, PCBs dioxin, mirex or DDT show no outward effects, and only modern laboratory techniques can determine levels of contamination.



The Ministry of Environment's symbol for its Fish Contaminant Monitoring Program.

1. Mercury

Mercury is a naturally occurring metallic element familiar to people through its widespread use in thermometers. It is found in low concentrations in most rocks and soils, and is particularly abundant in some areas of the Precambrian Shield.

Natural deposits are thought to result in elevated levels of mercury in fish in areas far removed from manmade sources. Airborne mercury from both natural and man-made sources may further be contributing to mercury in fish in some areas.

Mercury has also been widely used in industrial and commercial applications, such as the production of chlorine and caustic soda in chloralkali plants, and the manufacture of scientific and technical equipment.

Mercury compounds have also been used to: prevent the growth of fungi in pulp and paper mills; treat seed grains; and prevent snow mould on golf courses.

Action by government and industry during the late 1960s and early 1970s has virtually eliminated mercury discharges from major industrial sources.

Effects on Fish

Mercury - whether naturally occurring or from an industrial source - attaches to small sediment particles and settles to the lake or river bed. In these bottom sediments microorganisms convert almost any mercury compound to the organic or methylmercury form.

It is thus readily available for rapid absorption by a fish, either directly from the water passing over its gills, or ingested with the organisms that form its diet. Since fish eliminate mercury at a very slow rate, concentrations gradually accumulate.

The longer a fish has been exposed to mercury in the environment, and the more mercury contaminated food it has consumed, the higher its mercury level. Thus, large or old fish that consume primarily smaller fish will contain much more mercury than smaller and younger fish, or fish that have a varied diet.

Effects on Humans

Humans eliminate methylmercury at a much faster rate than fish. Therefore, if fish are consumed only during a fishing trip of a few days or weeks (or if fishermen limit their long-term intake of mercury-contaminated fish to occasional meals) dangerous levels will not accumulate in the body.

Mercury, however, is present in small concentrations throughout the environment. Consequently, everyone has small amounts of mercury in their body. Most individuals have a level of up to two or three milligrams total body burden, a level not known to cause any problems.

Based on methylmercury poisoning epidemics in Japan and Iraq, signs or symptoms of mercury poisoning are not found in individuals with body burdens of less than 20 milligrams of mercury (or about seven to ten times the body burden of average Canadians).

The central nervous system is most affected by methylmercury.

Some signs of poisoning include: lack of co-ordination; the feeling of "pins and needles"; numbness of the lips and mouth; constricted visual field; night blindness; tremor; deafness and diminished taste and smell. At the extreme, mercury poisoning may result in death.

It should be pointed out that many symptoms listed above are common to other ailments not associated with mercury. Extensive medical testing is required to confirm mercury poisoning.

The consumption guidelines developed for use by Ontario's anglers are based on federal guidelines supplemented by recommendations prepared by the World Health Organization.

Consumers following the guidelines can be assured that mercury levels in their bodies will remain far below levels where poisoning symptoms begin to appear.

The guidelines were developed for adults and, since the mercury level within the body is directly related to body weight, extra caution must be taken to protect a child or a fetus. It is therefore recommended that children under 15 and women of childbearing age should consume only fish with a mercury content of less than 0.5 parts per million, the federal guideline for commercially marketed fish.



2. Polychlorinated Biphenyls (PCBs)

PCBs are a group of chlorinated organic compounds developed in the 1920s. These chemicals are not formed in the natural environment so their presence in fish can always be attributed to man's activities.

PCBs are very stable; they do not easily break down chemically or naturally, and burn only at extremely high temperatures.

These properties led to widespread use of PCBs in transformer fluids, hydraulic fluids, oils, greases, fire retardants, and plasticizers in such products as paints, inks and adhesives.

Recently, two harmful effects of PCBs on animals have been detected in scientific tests. The compounds interfere with fertility, pregnancy, birth and development of offspring. Secondly, PCBs may be carcinogenic. Until the environmental and health hazards of PCBs were discovered, no special precautions were taken to prevent losses to the environment. Today, the use and disposal of PCBs or PCB-contaminated equipment is very closely regulated. Recently, the production of PCBs was stopped by the only North American manufacturer.

The high affinity of PCBs for fats is a significant factor affecting concentrations in fish. Species with a high fat content, such as salmon, will tend to accumulate more PCBs than lean fish such as a walleye. Even within one species, individual fish with a higher fat content will generally contain more PCBs.

The federal guideline for the commercial sale of fish containing PCBs is an upper limit of 2.0 parts per million. The angler's guidelines based on the advice of medical specialists, suggest that fish with a PCB-level above 2.0 ppm should be eaten only by adults occasionally (except women of childbearing age and children under 15) as outlined in the consumption guidelines. (See Chapter 13.)

3. Mirex (Dechlorane)

Mirex is a chlorinated carbon compound used as a pesticide in the southern United States, but never registered for such use in Canada. Because of its chemical stability, mirex (also known as "Dechlorane") was used by two southern Ontario companies in the 1960s as a fire retardant in their manufactured products.

The behaviour of mirex in the aquatic environment is similar to that of PCBs in that it does not break down easily by natural processes. It too has a high affinity for fats, and following ingestion accumulates in the fatty tissues of fish.

Animal experiments have found that mirex is a possible cause of

In Ontario, mirex has been detected primarily in fish from Lake Ontario. The source was found to be a former processor of mirex in Niagara Falls, New York. Mirex in water or fish from sources adjacent to the two former Ontario users has not been detected.

The provisional guideline for the commercial sale of fish containing mirex is 0.1 parts per million. The angler's guidelines suggest that fish with mirex above 0.1 ppm should be eaten only by adults occasionally (except women of childbearing age and children under 15) as outlined in the consumption guidelines. (See Chapter 13.)

4. DDT

DDT was developed during the Second World War to control a wide variety of insects. Afterwards it gained widespread use as an insecticide for agricultural and public health use.

DDT is also not easily broken down in the natural environment. The accumulation of DDT in fish caused markedly reduced reproductive capability in a number of species and led to restrictions in its use in the mid-1960's. In 1969, Ontario's Pesticides Control Act limited its use to very specific purposes by special permit only.

DDT also accumulates in the fatty tissue of fish. The federal guideline for the commercial sale of fish containing DDT is 5.0 parts per million. The angler's guidelines recommend that fish with DDT levels above 5.0 ppm should be eaten only by adults occasionally (except women of child-bearing age) as outlined in the consumption guidelines. (See Chapter 13)

5. Dioxin

Dioxins are a group of 75 chemicals of the chlorodibenzodioxin family. One compound - 2, 3, 7, 8, -TCDD (tetrachlorodibenzodioxin) is extremely toxic. At low doses 2, 3, 7, 8 - TCDD has been shown to be carcinogenic and to affect reproduction in laboratory animals; it is therefore considered to have the potential to cause similar effects in humans.

Dioxins are not useful manufactured chemical compounds; 2, 3, 7, 8 - TCDD, for example, is a trace byproduct of the manufacture of 2, 4, 5-trichlorophenol and may therefore be found in very small amounts in that chemical, its manufacturing wastes and in chemicals manufactured from 2, 4 5-trichlorophenol, such as the herbicde 2, 4, 5-T.

Minute traces of dioxin have been found only in a few fish collected from the Great Lakes basin, and in all cases the levels were less than the federal guidelines for regular consumption at the rate of one meal of fish per week.

Ontario's Fish Contaminant Monitoring Program

Since the mid-1960s, when DDT was first measured in fish, Ontario has completed an extensive monitoring program. During 1969 and the early 1970s, intensive sampling for mercury in fish was undertaken in the English-Wabigoon system of northwestern Ontario and the St. Clair River-Lake St. Clair system (of the Great Lakes) in southwestern Ontario. Both these basins were affected by mercury discharges from industrial sources. Since that time the program has expanded to investigate the impact of other industries, mining sites, areas of natural mineral deposits, commercial fishing areas, and lakes used as a source of food supply by Ontario's native peoples. In more recent years, the program has been broadened to include surveys of popular angling waters.

The Fish Contaminant Monitoring Program is a co-ordinated undertaking of the Ontario Ministries of Natural Resources, Environment and Labour.

Fish are collected primarily by staff of the Ministry of Natural Resources and analyzed at the Ontario Ministry of the Environment laboratories.

Medical implications of contaminants are evaluated by medical specialists with the Ontario Ministry of Labour.

Federal agencies and other laboratory facilities have also carried out fish contaminant testing. The Ministries of Natural Resources and Environment will include these data in the guidelines whenever possible.

How Lakes are Selected for Testing

There are more than 250,000 lakes and uncounted rivers and streams in Ontario. With the staff and facilities currently available, the Province can sample and analyze about 15,000 fish per year. With the analysis of all appropriate species and representative size ranges of each species from each lake, 200 to 250 lakes or rivers can be sampled every year.



Biologist from Ministry of Natural Resources lake survey team removes a lake trout from the fishing net.

Obviously, every lake and river cannot be tested. To make the best use of resources, sampling site selection is a most critical challenge. The selection program is carried out principally by the Ministries of Natural Resources and Environment. Test areas are selected for one or more of the following reasons:

- · a popular angling area;
- · a commercial fishery;
- a major source of food for local inhabitants (usually lakes in the vicinity of Indian Reserves);
- a known or suspected source of pollution nearby;
- lakes opened for recreational development.

Some areas are also sampled for scientific studies of the long-term behaviour of contaminants in fish populations. For example, the analysis of annual fish samples from Lake St. Clair over the past eight years has revealed a steady decline in mercury levels since major industrial sources were stopped.

What Fish Species are Selected?

Within most lakes and rivers there are obviously many different species of fish. Given the limitations of manpower and analytical resources it would be impractical and, in fact, unnecessary to sample all species.

Mercury, for example, is a classic food chain pollutant. Such fish as walleye, pike, lake trout and bass eat other fish as a major part of their diet. As a result, they contain higher mercury levels than such non-predatory fish as whitefish, sunfish and catfish.

Therefore, when testing the fish from any given watercourse, predators are usually selected on the assumption that if their mercury content is low, then non-predatory species will also have low mercury levels.

When testing for PCBs, mirex or DDT, a different selection process is followed. The organic pollutants have a high affinity for fats. Therefore, fish with a high fat content such as salmon, smelt and perch are collected.

Most fish are collected using netting techniques. In some cases fish are selected from commercial fishermen's catch. Whenever possible the collection includes 15 to 30 fish of each species, representative of the size range from the lake being tested.

For each fish collected, the length, weight and sex are recorded. In some cases, scale samples are kept so that the age of the fish can be determined.

A boneless, skinless fillet of dorsal muscle is removed from the fish, preserved and packaged for shipment to the Ministry of Environment laboratory for chemical analysis.

The information about the individual fish, along with the laboratory analysis results, are used in developing the lake-by-lake, species-byspecies, size specific contaminant classification tables.

What About Your Lake?

The lake selection process is influenced in some cases by the interest shown by anglers.

If there are lakes you would like to see tested, please write to the appropriate regional or district offices of either the Ministries of Natural Resources or Environment. A listing of these offices appears in Chapter 12.

More Information

For more details on fish contaminant levels in Ontario lakes, see "Guide to Eating Ontario Sport Fish", available from Environment Ontario. Refer to Chapter 13.



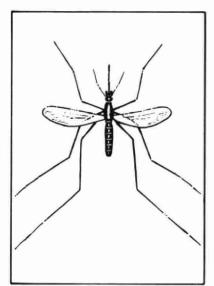
Environment Ontario technician separates interfering substances from fish muscle extract before analysis for PCB contamination.



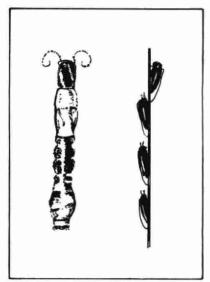
After landing, fish are filleted and tagged.

CHAPTER VII

Control of Biting Insects and Other Pests



House Mosquito.



Life cycle of the Black Fly.

... Without Using Pesticides!

Those insects! They bite you (and your pets), and just make your life miserable.

What can you do?

Why not try insect control - without using pesticides?

Pesticides are not always the answer, for a number of reasons.

First, pesticide spraying or fogging near cottages produces extremely temporary benefits, and usually doesn't justify the hazard involved in possibly contaminating nearby water.

Second, eradication of biting fly populations is very rarely possible under any circumstances. Significant control is rarely achieved without large-scale programs involving substantial funds and trained personnel.

Limited use of approved larvicides in small areas of swamp or in rain pools close to private property can be carried out by individual cottagers. But **permits** are necessary wherever treated waters may contaminate adjacent streams or lakes.

Because of these drawbacks, two other ways of reducing insect attack are preferred.

- mosquito populations can be reduced by improving land drainage, and eliminating the pools where they breed; and
- insects can be dissuaded from biting by the use of repellents.

Ways to Eliminate Breeding Sites

The following suggestions will help you to reduce the numbers of these insects:

- Eliminate all standing water around the cottage if possible;
- Change water in wading pools or bird baths every week;

- Keep water from pooling on the surface of pool covers or other similar plastic coverings;
- Swimming pools if properly filtered and chlorinated will not be suitable for mosquito larvae;
- Dispose of empty cans or pails, upend buckets or any other container left outdoors;
- Clean out clogged eavestroughs; drain flat roofs;
- Empty old tires and dispose of them;
- Do not clog drainage ditches with trash; make sure that ditches and driveway gutters drain properly;
- · Empty water from stored boats;
- Cover rain barrels;
- Fill in sunken land to prevent standing water; and
- Reduce vegetation through mowing weeds and grass trimming hedges and removing unnecessary shrubbery and trees that protect the adult mosquito against sun and wind.

How To Avoid Bites

- If working or visiting in areas where mosquitoes are abundant, wear loose protective clothing, i.e. long-sleeved shirt, light jacket, slacks and socks;
- Where black flies are abundant, be sure shirt cuffs and pant legs are tightly secured to stop insects from crawling inside.
- Note: Lighter colored clothing is less attractive to mosquitoes than dark clothing; dull material is more attractive to black flies than shiny material.
- Restrict outdoor activity in the evening when mosquitoes are most active; and in daytime in wooded areas:
- Repair the holes in windows or door screens; ensure the screens are tight:
- · Close the damper on your fire

- place when not in use.
- Use netting over carriage when babies are left outside.

Repellents

Repellents are available in both liquid or stick form. Read the instructions carefully before using, and do not get the material in your eyes or mouth. The types that contain a higher concentration (in percentage) of the active ingredient will do a better job. Apply frequently, particularly on hot days.

Foggers

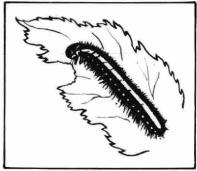
Temporary relief (immediately outside the cottage, in small areas such as yards or patios), may be achieved by using insecticides with mist-type sprayers or foggers when mosquitoes are flying (usually one hour before to one hour after sunset).

On exposed surfaces where mosquitoes are likely to rest, residual sprays may be applied, usually with a compressed air garden-type sprayer. Look for products labelled for mosquito and black fly control. Use only as directed.

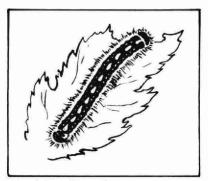
For use indoors, insecticides are available in various forms – aerosols in pressurized cans, strips of embedded plastic and coils. All are effective for mosquito control if used according to the instructions. (Black flies are rarely a problem indoors because they spend their energy trying to get outside.)

Blackflies can be particularly bothersome in the early weeks of summer. They breed in fast-flowing watercourses, so the most effective way of fighting them is by using a larvicide over a large area. However, this kind of project is best managed by a community or provincial government agency.

For further information, consult "Controlling Mosquitoes and Black Flies in Ontario", published jointly by the Ministries of Natural Resources and Environment. Copies are available from the Agricultural and Industrial Chemicals Section, Ministry of the Environment, 135 St. Clair Ave. W., Toronto, Ontario M4V 1P5.



Eastern Tent Caterpillar.



Forest Tent Caterpillar.

Controlling Other Pests

What are the other insects that may need control? The following section discusses the most common ones – with tips on keeping their numbers down.

a. Eastern Tent Caterpillar

Although this native insect perfers to feed on apple and cherry, it also attacks a wide variety of deciduous trees and shrubs.

The larvae are caterpillars about 50 mm (2 inches) long, and are clearly marked with a white stripe down their entire back and tufts of long, light brown hair.

This caterpillar doesn't usually cause too much economic damage. The trees they attack are of little commercial value and only rarely are trees killed.

Control without pesticides can be achieved by:

- Pruning and destroying egg masses during the winter when they are easily collected; and
- Pulling the tent from the branch with a gloved hand, or cutting the branch off and burning it.

When the caterpillars begin to appear in mid-May, insecticides can be used. For detailed information, write: Agricultural and Industrial Chemicals Section, Ministry of Environment, 135 St. Clair Avenue West, Toronto M4V 1P5 or contact your Regional Ministry offices.

b. Forest Tent Caterpillar

This is a widely distributed insect that feeds on poplar, sugar maple, oak, ash and birch trees. Its life cycle is the same as that of the eastern tent caterpillar.

Although this species is referred to as a tent caterpillar, it does not make tents. Instead, it makes a silken mat on a branch of the tree where many caterpillars congregate to rest or moult.

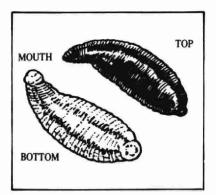
Full-grown caterpillars are quite attractive with long tufts of hair, a blue stripe running the length of each side and row of diamond-shaped white spots along the middle. After six weeks of feeding, the caterpillar finds a sheltered place in which to spin a cocoon and then pupate. Eggs are laid in rings around twigs.

Control without pesticides is achieved by removing branches with eggs, and burning branches where caterpillars congregate.

c. Leeches (Bloodsuckers)

A common nuisance to swimmers, leeches (better known as "blood-suckers") are flattened worm-like animals. They normally feed on worms, snails, insect larvae and other small aquatic animals, but, if given the opportunity, will also feed on human blood.

They are typically found in shallow, protected waters, concealed among aquatic plants or under stones, logs and other debris. Being strong swimmers they are attracted to water disturbance around docks and swimming areas. On hot summer days they are most active, but in winter they're buried in mud just below the frost line.



The common leech.

The best control for leeches is to keep your beach clean by removing all vegetation and debris that harbor the large number of aquatic animals upon which they feed. Control of aquatic vegetation with herbicides (see Chapter II), and the removal of stones, logs and other debris from warm, shallow water should keep the immediate swimming area relatively free from this nuisance.

Several alternative methods are available that may help reduce a leech population. Freezing leeches in their winter homes may be possible if the infected area is a pond.

When the first thin ice starts to form and the water temperature has attained its minimum, the water should be drawn off as rapidly as possible until the level has been lowered at least 1.5 metres.

This low level must be maintained for at least five to six weeks during the coldest part of the winter. The exposed flats will freeze to a considerable depth, a circumstance that is fatal to the imprisoned leeches. This is, however, a drastic measure that affects other life in the pond and should not be considered lightly.

A second measure, which has proved successful, is bait trapping. A metal can with a reclosable lid (a one pound tobacco or coffee can is ideal) drilled with small holes (depending on the size of the nuisance species) and baited with raw meat may trap very large numbers of leeches from a heavily infested area.

After feeding, the leeches will have difficulty leaving the can. Destruction of the can and its contents will obviously help considerably in reducing the size of the leech population.

d. Swimmer's Itch

Swimmer's itch is a temporary infection caused by penetration of tiny, colorless larvae (shcistosome cercariae) into the skin.

These larvae are parasites of fresh water snails and waterfowl. They can penetrate bathers' pores as water droplets evaporate and die leaving an infected, itching, elevated red spot that lasts a few days.

The best way to control swimmer's itch is to destroy the snails in which the larvae develop, but chemical controls should be applied carefully to protect other aquatic life.

Some simple measures may help to protect bathers from the swimmer's itch;

- On emerging from the water, always rub down briskly with a towel. Larvae penetrate the skin only when water evaporates. A fresh water shower taken immediately after leaving the water is also effective.
- Try to swim in deeper water as onshore winds tend to concentrate the larvae in the shallows.

e. Carpenter Ants

In natural surroundings, Carpenter ants are beneficial insects since they accelerate the decomposition process of dead trees and also feed on other insects. But, like termites, they infest hollow and humid wooden areas, in basements and attics and usually limit the size of the colony in the humid area.

Several precautions should be taken to prevent infestation, beginning with removing decaying and infested wood from around the house. Provide good ventilation in the house and drainage around it so that any wood used in the buildings stays dry.

To locate a colony, look for sawdust that has been ejected from the nest. Also, the sound they make is audible to humans when absolute silence is maintained.

Carpenter ants are effectively controlled by a residual insecticide applied where the insects crawl along the walls where the ants are detected. When an ant crawls through a deposit

of residual insecticide, the insect picks up a lethal dose that will likely kill it before it can return to the nest. This practice will help "starve out" the colony.

Chlordane (5% concentration) and Diazinon (4% concentration) in dust or oil base can be used only outside where people and pets cannot contact them. For indoor control concentrations should be reduced to one per cent or less. Baygon and Malathion are also useful indoors.

f. Powder Post & Furniture Beetles

These beetles are widespread in Ontario, and may cause serious damage to buildings, hardwood floors, furniture and wooden equipment. Species of Furniture Beetle (Anobiis) prefer old wood, but Powder Post Beetles (Lyctids) prefer sound wood which has not been properly seasoned.

The first evidence of an infestation by these insects is usually the appearance of small holes – each the size of a pin's head – where the adult beetles have emerged through the surface. The presence of fine, sawdust-like "frass", or droppings also indicate infestation.

Successive generations of larvae gradually reduce the wood to an intricate network of frass-filled tunnels, until the timber is a fragile honeycomb. Ultimately, the structural value of the timber is destroyed, although the surface may appear to be sound, apart from the exit holes.

Floor and other surfaces kept well waxed, painted, varnished or sanded are less liable to attack as the adult beetles will not lay eggs on finished surfaces. Infested wood should not be used for construction or repairs unless it has been treated to kill the insects. This may be done by fumigation by a licenced operator, by kiln drying, or by chemical treatment.

Where possible, timber should be treated with chemical before the adult beetles emerge in late May and June. Pentachlorophenol in an oil base (5% concentration) can be used only on exterior timber which will not be brought into the house. It is an eye, skin and respiratory irritant, and

requires the use of a full-face respirator and protective clothing during the application. Pentachlorophenol is very toxic to plants, fish and animals.

Copper or zinc naphthenate and chlordane (2% concentration) could also be used. But all these materials are in oil base, and fire precautions must be taken during the application. Disconnect electric equipment to avoid flash fires.

g. Bees, Wasps and Hornets

Bees, wasps and hornets are beneficial insects but when they make their nests close to homes or other human-occupied buildings, a hazard situation may develop.

Honey bees are the most social of the group. Yellow jackets are also quite frequent around a house since they are scavenger wasps that feed on any refuse or discarded food available. Other species of bees, wasps and hornets that feed on pollen or rotten fruits can also be found around buildings.

All of these insects can sting, so extreme caution should be taken when approaching their nests. The honey bee can sting only once, since the stinger remains fixed to the victim, continuing to pump venom. That is why the stinger should be removed quickly. Other bees, wasps and hornets can sting more than once.

Control measures begin with removing debris to discourage nest building. Proper containment and disposal of garbage is also important.

Boiling water poured at dusk on ground nests will effectively destroy small bumble-bee nests, but this method is hazardous if not handled properly.

A residual insecticide in aerosol form can be used to blast most nests. These chemicals remain active for several days to provide a complete kill. The spraying should be carried out at night when all foraging insects are in the nest. Effective residual chemicals available include:

- 1. Propoxur 1% (baygon);
- 2. Diazinon 1%;
- 3. Sevin 1% (carbaryl).

Control of these insects by a professional pest control company is in some cases advisable since these insects are dangerous when disturbed.

h. The House Mouse

During the summer, the house mouse may nest outside, but it prefers shelter in buildings where it may be found anywhere from the basement to the attic. It uses the space between double walls, floor joists, and concealed, enclosed space in cupboards or under counters in which it can locate its small nest.

The house mouse can jump a vertical distance of 12 inches, can pass through one-half inch in diametre, and climb wall studs to enter a building.

Although it prefers cereal grains and seeds, the house mouse will eat any available foods. So, rodent proofing by means of structural barriers to close off access to buildings and food is a necessity.

The house mouse is also easily trapped with spring traps. These traps should be placed at frequent places along baseboards, boxes and other sheltered areas or possible runways and should be inspected daily to remove dead mice.

Rodenticide can also be used. Anticoagulant rodenticides are cumulative and must be consumed over a period of several days to be effective. Some of these are: Rozol 0.005% chlorophacinone; Diphacin and Ramik 0.005% diaphacinone; Fumarin 0.025% coumafuryl; Pival 0.025% pindone; and Warfarin 0.025%.

Remember that rodenticides are poison. Make sure to keep bait away from children or pets. All poison and unused baits should be kept in a safe place, locked and labelled "POISON". A record should be kept of all poison baits used and where they are placed. All unused baits should be discarded.

Always read the label carefully and follow the directions fully.

i. Rats

Rats and their parasites can carry serious diseases which are transmittable to humans. Moreover, they eat stored food and contaminate much more with their urine and feces. If left to breed unchecked, in three years, there would be 20 million rats descending from only one pair.

Rats live at ground level inside or outside close to buildings. Dumps and sewers are other major habitats. The rat can swim and jump very well, and is found everywhere, including farms and cities.

Controlling rats begins with eliminating their harborage and sources of food. Rat proofing should be installed in food storage rooms and warehouses, utility lines, pipcs, roof vents, windows and doors. Double walls, spaces between floors and ceilings, ground basement floors, piles of lumber, heaps of equipment and furniture should also be checked frequently.

Baiting is the next step in rodent control. A list of possible rodenticides includes:

- 1. Rozol 0.005% (chlorophacinone);
- 2. Diphacin, Ramik or Propar 0.005% (diphacinone);
- 3. Fumarin 0.025% (coumafuryl);
- Pival or Pivalyne 0.025% (pindone);
- 5. Warfarin 0.025%;
- 6. Bromone or Maki 0.0025% (bromadiolone);
- 7. Talon or Ratak 0.005% (brodifacoum):
- Sorexa 0.1% and Warfarin (calciferol);
- Prolin 0.025% and Warfarin (sulfaquinoxaline).

Non-chemical control is also possible with:

- 1. Snap traps baited with food;
- 2. Multi-catch trap:
- 3. Glue boards or trap-stick.

Poison baits should be scattered in small pieces. Baits should not be left out during the daytime since rats eat only at dusk and dawn. It is also advisable to place baits in protected and sheltered areas because rats avoid open places where they do not feel safe.

Attention to garbage handling and disposal is vitally important since garbage provides rats with both food and water.

CHAPTER VIII

Pesticides

Pesticide Safety

Supposing you've tried insect control without pesticides, but the nuisances are still around. So you've decided to consider using pesticides.

The pointers that follow will help you use these chemical compounds, and ensure that they have no adverse effects on you or the environment.

To use pesticides to the best advantage, become well informed about their safe and correct handling and use. Observe the following precautions:

Careful Purchasing

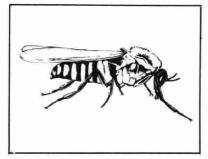
Always carefully choose the pesticide. Check the label for the insect you wish to treat. To ensure the product is effective the insect you wish controlled should be listed on that label.

If the product you choose is a spray, note whether it is a **surface** or **space** sprays. **Surface** sprays are applied to floor base-boards, shelving, etc., and leave a residual quantity of active pesticide to attack crawling insects. In contrast, **space** sprays are more dilute, short-lived pesticides that are sprayed into the air to kill flying insects.

Pesticides are sold at garden centres, hardware stores and exterminator's outlets. If you have a small problem to overcome, purchase only a small quantity of pesticide. This avoids later storage or disposal problems.

Safe Storage

As soon as you arrive at the cottage with the pesticide, (whether it is mothballs, resin strips, weedkiller or insecticide) find a secure place to store it - if possible in a locked compartment.



Choose a place out of the reach of children or pets. Be sure it is away from food, medicine, housekeeping supplies or garden supplies (seeds, fertilizers) to avoid any possibility of accidental contamination. Also, check the label for any special precautions. If the pesticide is flammable, do not place near heat.

Keep the pesticide tightly closed in its original labelled container. If the label falls off, glue it back onto the container. If an unlabelled container is discovered, discard it. Don't guess at the contents.

Safe Application

Always read the label on the pesticide container every time the pesticide is used. It is easy to forget an important caution or application method.

Never allow children to assist with a pesticide application. Be sure all pets and their feeding dishes are removed from the treatment area – this includes cats and dogs, birds and their cages, and aquaria.

If treating cupboards (or table areas), remove nearby food, dishes or utensils first. After treatment, cover the shelving with foil or new shelf paper before replacing these goods. (And thoroughly wash the table areas.)

When applying the pesticide, be careful. If you spill pesticide on your

skin, wash it off immediately with soap and water. If you accidentally spill some liquid pesticide, mop it up with absorbent material – such as sawdust or garden soil – which can be discarded safely by putting it in a garbage bag. While doing this, your hands should be protected by rubber gloves.

Work efficiently so as to limit inhalation of the pesticide spray or dust. Never smoke while working with pesticide since it may be carried to your mouth on the cigarette. In any case, many pesticides are flammable.

If you must dilute the pesticide or mix it with a solvent, do not work in the kitchen sink or use eating utensils that could be accidentally placed back in service. Make up only enough pesticide for the present use. Mix outdoors or in a well ventilated area.

Use insecticides outside only on calm days for safety and minimal annoyance to neighbors.

When you have completed the application of the pesticide, clean up. Wash your hands and face with soap and water. Remove clothing and launder separately from other family clothing before wearing again. If a residual pesticide has been applied, leave the cottage for several hours to allow the pesticide solvent to disperse. Occasionally, this solvent may be irritating.

Disposal of Empty Containers

An empty pesticide container - carboard box, tin or bottle - should never be used again. Dispose of it safely by wrapping it in newspaper or a plastic bag, and placing it in the garbage can. Never burn empty pesticide containers - the smoke or fumes produced may be toxic. Plastic containers should never be punctured.

AND IN AN EMERGENCY

For first aid treatment, read the label on the pesticide container.

If possible, immediately call your doctor or nearest Poison Control Centre. Read details of the label to the doctor – name the product, active chemical ingredient, antidote – and ask the doctor what to do. If you go to hospital, take the label with you.

Write the phone number of your nearest Poison Control Centre Here:

CHAPTER IX

Waste Management

Hazardous Wastes

Some common household products like barbecue starters, paints, and toilet bowl cleaners become hazardous wastes if they are released into the environment.

So don't throw them away! The Environment Ministry makes dangerous wastes easy to dispose of by providing your municipality with a grant to collect them.

But you can dispose of these wastes safely yourself too.

What You Shouldn't Do

- DON'T POUR hazardous wastes down the drain. Doing that may corrode plumbing, release toxic fumes, damage sewer systems and contaminate surface and ground water.
- DON'T PUT hazardous wastes out for garbage collection. That may result in injury to sanitation crews.
- DON'T BURY it. That may contaminate the soil and eventually local surface and ground water.

What You Should Do

- 1) Buy only as much as you need.
- Store securely for Household Hazardous Waste Collection Day.

If no Collection Day is planned in the meantime, follow these tips on safe handling and disposal.

- Do not buy more than you need to do the job.
- 2. Keep various products separated.
- 3. Do not mix hazardous wastes.
- 4. Store in safe, well-ventilated place away from children and pets.
- Make sure containers are not broken and are securely capped or sealed.

- Keep bleaches and ammonia away from acids.
- 7. When pesticides, bleaches and ammonia, etc. are all used up, rinse container three or four times, and dispose of containers in garbage. Disperse the rinsings on your area of application.
- Keep unused pesticides, bleaches, ammonia, etc. until the special collection day, or give to neighbours.
- Do not use chemical containers for other purposes.
- Do not burn, crush or puncture aerosol cans.
- Deliver waste oil to a service station which participates in an oil recycling program.
- Acids and alkalis may be diluted and flushed down the toilet – however, the advice of the Ministry of the Environment should be
- Car batteries can be traded in, or given to service stations or recyclers.
- 14. Medicines can be flushed in toilet to prevent misuse by children.
- 15. As far as possible, try to exchange or give unwanted materials to neighbours who will use them. This, of course, excludes medicines and other personal items.
- When a special Collection Day is in place, bring your wastes to the collection depot.

Try Composting Cottage Wastes

Many cottage areas are simply not equipped to dispose of vast quantities of garbage.

So anything you can do to reduce the garbage volume will help.

When you shop, avoid heavily packaged items. Buy returnable bottles. And return them!

At the end of your stay at the cottage, consider taking your garbage back to the city (especially in winter when garbage pick-up may not be so frequent). Also, consider composting.

Many cottagers are becoming avid compost gardeners. In this way you can recover tangible benefit from your garbage, and thus reduce the volume of solid waste requiring disposal.

The humus material from a compost heap has long been accepted as an inexpensive soil additive and mulching agent. When added to the top soil, it improves texture, porosity and water holding capacity, and increases the organic content of the soil.

How To Compost

Generally speaking, composting involves taking organic waste material and placing it in a soil culture rich in natural organisms.

The following steps provide a simple, inexpensive approach to constructing a compost heap:

Locate Away From Water

You can locate your compost heap in an inconspicuous corner of your cottage property, or you can choose a central site and decorate it to suit the landscape.

Be sure, however, that the spot is airy and sunny. Also be sure that it is away from waterways and wells, and at least one foot above the water table.

Construction

Composting is best done in some form of enclosure. Choose a size convenient to your needs, whether it's a three foot square box or an enclosure ten feet on a side. The pile can be as shallow as one foot or as deep as five feet

Simple Enclosure

For small-scale, easy composting the simplest approach is to take a large garbage can, a barrel or a wooden box. Knock out the bottom and set it up to receive your organic wastes.

Custom Enclosure

A composting enclosure can also be tailor-made in any size. These directions show how to build an enclosure four feet square rising one foot above ground level.

 Mark off a 4-foot square on the ground and dig a pit between 12

- inches and 18 inches deep. The pit provides some warmth in winter and keeps the compost damp in summer.
- Drive four stakes approximately 2 inches square by 2 ft. long into the ground at the corners leaving 1 foot of the stake above ground.
- · From a sheet (8' x 4') of quarterinch aspenite plywood, cut four 1' x 4' rectangles and nail them to the stakes forming a 4' x 4' enclosure. Leave a small space. about one inch, around the bottom so that air can circulate up through the heap. The remaining half of the sheet will be used as a cover for your heap during the winter. In summer, a sheet of heavy gauge plastic placed on 4' x 4' frame of 2 inch stock will be used as a cover. This keeps your compost heap from becoming a breeding ground for insects - and will also help retain moisture.

Your composting bin is now ready to receive organic wastes.

Composting Methods

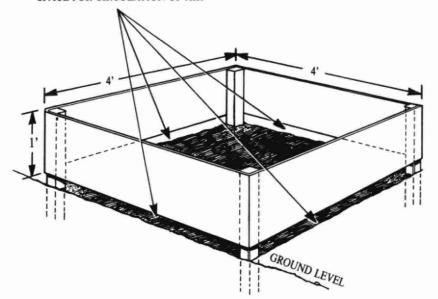
Many methods for adding waste material to compost heaps are used. The simplest is to add material as it becomes available. Be sure not to add thick layers of finely ground material such as sawdust. These materials will pack tight and prevent adequate circulation of air.

Another method is to arrange your compost heap into layers by placing a thin layer of a commercial starter (or fertilizer) between each 6 - 8 inches of garbage. The starter is used to increase the bacteria count, and the fertilizer will increase the nutrient content of your pile.

Whichever method you choose, remember that for your compost to function adequately, the heap must be kept moist, but not soggy. Every two or three weeks the pile should be turned to mix and aerate the raw compost.

While the garbage is decomposing, heat is produced which should be contained by covering the pile. Heat is essential to keep the compost functioning effectively and decompose the waste.

SPACE FOR CIRCULATION OF AIR



After every turning of the heap, heat again builds up in a matter of hours. When the heat production finally stops, your compost is ready to be used as low grade fertilizer and soil conditioner.

When is Your Compost Ready?

Experts suggest that your compost should be ready after one full year. Although if you complete filling in the fall, you may be able to set it aside for use in the spring. Much will depend on the composition of your heap and how often the pile is turned.

And in Winter?

If you use your cottage all year, maintain two compost heaps. One can be kept in use during winter while the other matures.

What To Compost

Organic wastes are the main source of material for a composting heap. These are typical everyday household ingredients including:

Kitchen garbage vegetable and *sawdust *torn-up newspaper barbecue grill residue

fruit peelings coffee grounds *egg shells peanut and nut

residue straw and hay garden residues

leaves grass clippings

shells

*acceptable in small quantities.

With a little time and effort, and minimal expense, you can successfully reclaim some of your cottage wastes.

What Not To Compost

All glass, china, tin cans.

About Open Burning

Open fires cause air pollution. Their smoke and odours can aggravate respiratory conditions, soil property, reduce visibility and generally lessen enjoyment of property. In rural areas, the effects are less noticeable, however, if at all possible, do not open burn leaves, grass, stumps, fallen trees, trash, crop stubble and other materials.

There are alternatives. Depending upon the nature of the materials involved, they can be buried, composted, set out for municipal collection or taken directly to a local dump or sanitary landfill site.

If you must burn, follow these guidelines to keep your fire from becoming an air pollution problem – not to mention a forest fire problem.

(Remember all air pollution complaints received by the Ontario Ministry of the Environment are investigated and corrective action can be taken under The Environmental Protection Act, 1971.)

- Burn only dry materials. Don't burn petroleum products, plastics, rubber or anything else that will cause excessive smoke or fumes;
- Keep your fire at least 150 metres from a dwelling;
- Burn less than a cubic yard of material at a time;
- · Stay with your fire at all times;
- Don't burn where smoke will bother your neighbors or blow across roadways and hamper driving visibility. Smoke from open burning has caused several serious traffic accidents in Ontario;
- Check local bylaws enforced by your fire or police department. If burning above Ontario's Fire Line, follow regulations enforced by the Ministry of Natural Resources. (The Fire Line runs east from Lake Huron across the bottom of Georgian Bay and the top of Lake Simcoe down to Gananoque, then north and west to meet the Ottawa River north of Renfrew).

For further information on open burning, contact the nearest regional or district office of Environment Ontario.

CHAPTER X

Boating



A Look at the Environmental Issues.

The use of high-speed power boats has become one of the most maligned activities in cottage country.

Is this really justified? Just how much of a problem are they?

The key environmental issues are discussed below: sewage contamination; gasoline and oil contamination; noise, and wash.

What To Do With Sewage

To help protect lakes and rivers from pollution, it's required by Ontario law that sewage (and garbage) from all pleasure craft – including houseboats – be retained in suitable equipment. (i.e. You don't just dump wastes overboard. You retain them for disposal at an approved pump-out facility).

If you equip your boat with toilet facilities, the equipment shall be:

- 1. non-portable;
- constructed of structurally-sound material;
- of adequate capacity for its expected use;
- 4. properly installed; and
- equipped with the necessary pipes and fittings conveniently located for pump-out by shore-based facilities. (Although not specified, a pump-out deck fitting with 1½-inch diameter National Pipe Thread is commonly used.)

It is your responsibility to ensure that your vessel is properly equipped.

Environmental Tips for the **Boat Operator**

- Wastes should be retained and disposed of on shore;
- Always keep engine tuned. An untuned one wastes fuel, so adjust (and keep clean) the plugs, ignition

- points, fuel systems and carburetors:
- Use correct gas and oil mixture.
 Use lead-free or low lead gas if your motor will run on it;
- 4. Avoid spillage.
 - (a) Fill portable tank away from the water:
 - (b) Don't overfill fuel tanks. Leave space for expansion if the fuel warms up;
 - (c) Fill your gasoline tank carefully to avoid blow-back;
- Don't run the motor if not necessary. If waiting at a dock for someone, turn your engine off;
- Reduce speed near shore or in narrow channels. (Under federal legislation, the Ministry of Natural Resources has the authority to restrict the operation and speed of pleasure boats.);
- 7. When buying an engine, insist on a quiet one;
- 8. When a tank is used for outboard motor testing, the contents should not be emptied into the water;
- 9.If the bilge is cleaned, the waste material should not be dumped into the water;
- Empty oil cans should be deposited in the leak-proof receptacle.

Oil and Gas Contamination Fuel Spills – The Major Problem

Exhaust gases and oil discharges from boats can pose minor problems, but more damaging are fuel spills caused by careless handling.

Their effects on water are both short and long term. Gasoline has an immediate effect on the microbiota (small life in water), while oil has adverse effects on the phytoplankton and zooplankton. Although the oil does not kill these organisms, it does hinder their reproduction.

Since phytoplankton and zooplankton are a source of food for other aquatic life, their absence would upset the ecological balance in lakes and rivers.

Studies have also shown that oil in water has adverse effects on both the lifetime and growth of fish.

Fuel spills can be prevented. So you can do something.

What about oil discharges?
Fortunately, newer outboard
motors are designed to prevent the
discharge of crankcase drainage. As
the use of these motors increases, less
unburned fuel will be emitted into the
water.

Normally, lead should not be a serious problem. Most marine fuels sold in Ontario are low in this metal and can efficiently operate most outboards.

Of note is the possible effect of exhaust products on water, altering its odour and tainting fish flesh in high traffic lakes.

Marina & Yacht Club Requirements

An Ontario regulation requires that marinas and yacht clubs must provide or arrange pump-out service for customers and members who have toilet equipped boats.

In addition, litter containers must be conveniently available.

Visitors Must Comply Too!

Visiting pleasure boats, including foreign owned vessels maintained in Ontario must comply with Ontario regulations.

Visiting pleasure craft, equipped according to out-of-province regulations requiring non-portable sewage holding or incinerator systems, must comply with the Ontario regulations.

CHAPTER XI

Development

How to Protect a Finite Resource?

The tremendous pressure for development exerted on our cottage country is one of the many symptoms of our society's rapid growth on a finite resource base. Unless we stabilize our population, resource consumption and economic growth at reasonable levels, our cottage country will continue to be gobbled up by "progress".

We in Ontario are realizing that lakes, like all ecosystems, have limits. For some large, deep southern Ontario lakes with ample soil, the capacity is high. However, for more fragile Precambrian lakes with little soil cover over bedrock, the capacity is quite low.

If a lake's development capacity is exceeded (i.e overdeveloped), the combined effects of pollutants and other pressures will cause a degraded environment from both an ecological and aesthetic point of view.

It may take several years for the effect of overdevelopment to become obvious, but there's no escaping its inevitable results.

And it will be made worse by the trend towards winter cottaging.

Controlling Development

When cottages see increasing development around their lake as a threat to their seclusion, their natural view and other aspects of the environment, they begin to oppose further development. This opposition increases when developers fail to take into account what cottagers regard as the environmental and social limits of the lake.



But who decides these limits and how can they be maintained?

A large part of this question depends on the water quality of the lake. Cottagers and cottage associations can help Environment Ontario tackle the water quality problems in their lake by providing information through Self-Help Programs.

Valuable protection can be provided to wildlife, to fish and the scenic value of the lake. Many of these recommendations are not enforceable by law, but must rely on alert and concerned cottagers to practise conservation, and pass the message to their neighbors.

Some cottage associations have taken their concern for increasing development on a lake to their local municipality. A Lake Plan would require detailed study of the lake's characteristics, including how much development has occurred to date. The Plan, once adopted by the local municipality or planning board, would establish guidelines for any future development. By following the

precautionary measures described in the Lake Plan, any new cottage development allowed should have minimal impact on the lake and its residents.

Keeping the View Natural

The view of forested hills, peaceful farm lands or undisturbed shoreline from a cottage or boat is a valuable part of the cottaging experience. The view can be preserved, despite extensive cottage development, by using adequate building setbacks from the lake and by preserving natural vegetation near the shore.

This requires the co-operation of cottage association members who realize that the view from the cottage is enhanced by looking through and at natural vegetation.

Keeping the Wildlife

Part of the attraction of lakeshore living is the opportunity to encounter wildlife in its natural state. But wildlife often moves away from areas developed by people, even lakeshores. However, cottagers can do something to encourage wildlife to stay.

Certain areas such as marshes and swamps, forests which provide cover and food for deer, and other wildlife habitat, are protected by the Ministry of Natural Resources. The public can contribute to this habitat protection program by being concerned about unique species, and by preserving areas used by furbearing animals, waterfowl, fish and other wildlife.

A cottage association should contact the Ministry of Natural Resources if members have a concern to preserve a unique species or area. The association can also help retain wildlife in its area by discouraging such activities as chasing wildfowl with power boats, disturbing nesting areas, and allowing dogs to run at large.

Shoreline alterations, and the filling of wetlands, can harm wildlife. The Ministry of Natural Resources will provide advice before work is done around a cottage that might disturb wildlife activities.

In some areas cottagers have a problem with wildlife. For instance, beavers can build dams, which flood recreation areas or roads. The Ministry of Natural Resources can assist cottagers in dealing with these problems. In the case of beavers, the Ministry can enlist a licenced trapper to control beaver populations.

Keeping the Fish

Sport fishing is an important and relaxing pastime for many cottagers. The quality of good sport fishing in a lake can be impaired by a number of factors including: over-fishing; changes in water quality; and disturbances of spawning beds and nursery area.



A minimum number of adult fish must be retained in a body of water to spawn and maintain an abundance of fish for future seasons. This is why the Ministry of Natural Resources limits fishing pressures by reducing catch limits or shortening seasons.

It has already been explained how cottagers can reduce the flow into the lake of nutrients that fertilize algae and weeds. Controlling nutrient flows also helps protect fish because the weeds and algae use oxygen when they decompose, robbing fish of oxygen.

Cottage associations can help retain fish populations too by not disturbing the important spawning and nursery areas in the shallow parts of the lake. It is the shallow areas where much of the food and habitat for fish is provided, and these are very sensitive to man's activities.

The effect of a large number of cottagers, each of whom makes a small "improvement" in his cottage shoreline, is cumulative and disrupts the natural aquatic life processes.

Reducing contaminant flow into the water with the shoreline vegetation and adequate setbacks for buildings does a great deal to maintain the productivity of the shallow areas. The following additional measures will also help:

Constructing Piers and Docks -

Consider floating rather than permanent structures to avoid damaging the lake bottom.

Beaches – If there are rocks in front of your property, leave them. If you must remove rocks for better swimming, move them by hand, not with a bulldozer.

Boathouses - Keep the boathouse back from the shore, and use a winch to bring the boat out of the water. Boat Ramps - Use a community ramp rather than many individual ones.

Power Boats – Known fish spawning areas should be avoided by power boats. The disturbance of the lake bottom can cause eggs to be covered with sediments that prevent fish from hatching.

Before building any structures on a lakeshore, contact the Ministry of Natural Resources.

CHAPTER XII

For Further Information

Ministry of the Environment

Regional & District Offices

NORTHWESTERN REGION

Thunder Bay Regional Office, 435 James St. S. Thunder Bay P7C 5G8 Tel.: 807/475-1315

Kenora District Office, 808 Robertson St., Kenora P9N 1X9

Tel.: 807/468-5578

NORTHEASTERN REGION

Sudbury Regional Office, 199 Larch St.

Sudbury P3E 5P9 Tel.: 705/675-4501

Timmins District Office,

83 Algonquin Blvd. W., Timmins P4N 2R4 Tel.: 705/264-9474

Sault Ste. Marie District Office,

445 Albert St. E., Sault Ste. Marie P6A 2J9 Tel.: 705/949-4640

North Bay District Office,

1500 Fisher St., Northgate Plaza,

North Bay P1B 2H3 Tel.: 705/476-1001

Parry Sound Sub-Office,

74 Church St. Parry Sound P2A 1Z1 Tel.: 705/746-2139

CENTRAL REGION

7 Overlea Blvd., 4th Floor Toronto M4H 1A8 Tel.: 416/424-3000

Barrie District Office.

12 Farview Rd., Barrie L4N 4P3 Tel.: 705/726-1730

Muskoka-Haliburton District Office,

Gravenhurst P0C 1G0 Tel.: 705/687-3408

Peterborough District Office,

139 George St. N., Peterborough K9J 3G6 Tel.: 705/743-2972 Halton-Peel District Office,

1235 Ttrafalgar Rd. Suite 401 Oakville L6H 3P1 Tel.: 416/844-5747

SOUTHWESTERN REGION

London Regional Office,

985 Adelaide St. South, London N6E 1V3 Tel.: 519/681-3600

Windsor District Office,

250 Windsor Ave., 6th Floor, Windsor N9A 6V9 Tel.: 519/254-5129

Sarnia District Office,

265 N Front Street Suite 109 Sarnia N7T 7X1 Tel.: 519/366-4030

Owen Sound District Office,

1180 20th Street Owen Sound N4K 1T9 Tel.: 519/371-2901

WEST CENTRAL REGION

Hamilton Regional Office,

Ontario Government Building 119 King St. W., 12th Floor Box 2112 Hamilton L8N 3Z9 Tel.: 416/521-7640

Cambridge District Office,

400 Clyde Rd., Cambridge N1R 5T8 Tel.: 519/623-2080

Welland District Office.

637-641 Niagara St. N., Welland L3C 1L9 Tel.: 416/735-0431

SOUTHEASTERN REGION

Kingston Region Office,

133 Dalton St., Kingston K7L 4X6 Tel.: 613/549-4000

Ottawa District Office,

2378 Holy Lane, Ottawa KIV 7P1 Tel.: 613/521-3450

Cornwall District Office,

4 Montreal Road, 2nd Floor, Cornwall K6H 1B1 Tel.: 613/933-7402 Belleville Sub-Office,

15 Victoria Ave., Belleville K6H 1B1 Tel.: 613/962-9208

Pembroke Sub-Office,

1000 MacKay St., Pembroke K8B 1A3 Tel.: 613/732-3643

Ministry of Natural Resources

Regional and District Offices

NORTHWESTERN REGION

808 Robertson St. Box 5160 Kenora, Ontario Tel.: 807/468-3111

District Offices

Red Lake District

Box 5003, Hwy. 105 Red Lake, Ontario P0V 2M0 Tel.: 807/727-2531

Kenora District

Box 5080 Kenora, Ontario P9N 3X9 Tel.: 807/468-9841

Dryden District

Box 730 Dryden, Ontario P8N 2Z4 Tel.: 807/223-3341

479 Government Rd...

Sioux Lookout District

Box 309, Prince Street Sioux Lookout, Ontario P0V 2T0

Tel.: 807/737-1140

Fort Frances District

922 Scott Street Fort Frances, Ontario P9A 1J4 Tel.: 807/274-5337

Ignace District

Box 448 Ignace, Ontario POT 1T0 Tel.: 807/934-2233

NORTH CENTRAL REGION

Ontario Govt. Bldg.

435 James St. S. Box 5000

Thunder Bay, Ontario P7C 5G6

Tel.: 807/475-1261

District Offices

Atikokan District

108 Saturn Ave. Atikokan, Ontario POT 1C0 Tel.: 807/597-6971

Thunder Bay District

435 James St. S. Box 5000 Thunder Bay, Ontario P7C 5G6

Tel.: 807/475-1511

Terrace Bay District Box 280 Terrace Bay, Ontario POT 2W0

Tel.: 807/825-3205

Nipigon District Box 970

Nipigon, Ontario P0T 2J0 Tel.: 807/887-2120

Geraldton District

208 Beamish Ave. W. Box 640 Geraldton, Ontario POT 1M0 Tel.: 807/854-1030

NORTHERN REGION

140 Fourth Ave. Box 3000 Cochrane, Ontario POL 1C0 Tel.: 705/272-4287

District Offices

Hearst District

631 Front St. Box 670 Hearst, Ontario P01

Hearst, Ontario P0L 1N0 Tel.: 705/362-4346

Kapuskasing District

6-8-10 Government Rd. Kapuskasing, Ontario P5N 2W4 Tel.: 705/335-6191

Moosonee District

Box 190, Revillon Rd. Moosonee, Ontario POL 1Y0 Tel.: 705/336-2987

Chapleau District

190-192 Cherry St., Box 460 Chapleau, Ontario P0M 1K0 Tel.: 705/864-1710

Cochrane District

2 Third Avenue Box 730 Cochrane, Ontario POL 1C0 Tel.: 705/272-4365 Kirkland Lake District

Box 129

Swastika, Ontario P0K 1T0 Tel.: 705/642-3222

Timmins District

896 Riverside Drive Timmins, Ontario P4N 3W2 Tel.: 705/267-7951

Gogama District

Box 129, Lowavenue Gogama, Ontario POM 1W0 Tel.: 705/894-2000

NORTHEASTERN REGION

199 Larch St. Sudbury, Ontario P3E 5P9

Tel.: 705/675-4120

District Offices

Sault Ste. Marie District

875 Queen St. E., Sault Ste. Marie, Ontario P6A 5L5

Tel.: 705/949-1231

Wawa District

22 Mission Rd. Box 1160

Wawa, Ontario POS 1K0 Tel.: 705/856-2396

White River Office

200 Winnipeg St. White River, Ontario POM 3G0

Tel.: 807/822-2250

Blind River District

62 Queen St. Box 190

Blind River, Ontario POR 1B0 Tel.: 705/356-2234

Espanola District

Box 1340, 148 Fleming St., Espanola, Ontario POP 1C0 Tel.: 705/869-1330

Sudbury, District

Box 3500, Station "A" Sudbury, Ontario P3A 4S2 Tel.: 705/522-7823

Temagami District

Box 38, Lakeshore Drive Temagami, Ontario P0H 2H0

Tel.: 705/569-3622

North Bay District

222 McIntyre St. W. Box 3070

North Bay, Ontario P1B 8K7 Tel.: 705/474-5550

ALGONOUIN REGION

Brendale Square Box 9000

Huntsville, Ontario POA 1K0 Tel.: 705/789-9611

District Offices

Algonquin Park District

Box 219

Whitney, Ontario K0J 2M0 Tel.: 705/637-2780

Parry Sound District

4 Miller Street

Parry Sound, Ontario P2A 1S8

Tel.: 705/746-4201

Bracebridge District

Box 1138 Bracebridge, Ontario P0B 1C0 Tel.: 705/645-8747

Minden District

Minden, Ontario K0M 2K0

Tel.: 705/286-1521

Bancroft District

Box 500, Hwy. 28 Bancroft, Ontario K0L 1C0

Tel.: 613/332-3940

Pembroke District

Riverside Drive Box 220

Pembroke, Ontario K8A 6X4

Tel.: 613/732-3661

EASTERN REGION

Provincial Govt. Bldg. Concession Rd. Kemptville, Ontario K0G 1J0

Tel.: 613/258-3413

District Offices

Carleton Place District

10 Findlay Ave., Carleton Place, Ontario K7C 3Z6

Tel.: 613/257-5735

Cornwall District

Box 1749 113 Amelia St Cornwall, Ontario K6H 5V7

Tel.: 613/933-1774

Napanee District

1 Richmond Blvd. Napanee, Ontario K7R 3S3

Tel.: 613/354-2173

Brockville District

605 Oxford Ave. Brockville, Ontario K6V 5V8

Tel.: 613/342-8524

Tweed District

Metcalf Street Tweed, Ontario K6K 3J0

Tel.: 613/478-2330

CENTRAL REGION

10670 Yonge St. Richmond Hill, Ontario

L4C 3C9

Tel.: 416/884-9203

District Offices

Lindsay District

322 Kent St. West Lindsay, Ontario K9V 4T7

Tel.: 705/324-6121

Maple District

Maple, Ontario L0J 1E0 Tel.: 416/832-2761

Huronia District

Midhurst, Ontario L0L 1X0

Tel.: 705/728-2900

Cambridge District

Box 2186 Beaverdale Rd.

Cambridge, Ontario N3C 2W1

Tel.: 519/658-9356

Niagara District

Box 1070 Fonthill, Ontario LOS 1E0

Tel.: 416/892-2656

SOUTHWESTERN REGION

659 Exeter Rd. London, Ontario N6A 4L6

519/681-5350

District Offices

Simcoe District 548 Queensway W.

Simcoe, Ontario N3Y 4T2

Tel.: 519/426-7650

Chatham District

435 Grand Ave. W. Box 1168

Chatham, Ontario N7M 5L8

Tel.: 519/354-7340

Wingham District

R.R. No. 5

Wingham, Ontario NOG 2W0

Tel.: 519/357-3131

Aylmer District

353 Talbot Street West

Aylmer, Ontario N5H 2S8

Tel.: 519/773-9241

Owen Sound District

611 Ninth Avenue East Owen Sound, Ontario N4K 3E4

Tel.: 519/376-3860

Ministry of Northern Development and Mines

Northern Development

NORTHEASTERN REGION

13 Lawton Street, POR 1B0 Tel.: 705/356-2226

Chapleau

31 Birch St. East POM 1K0

Tel.: 705/864-1515

Cochrane

161 Sixth Ave. POL 1C0

Tel.: 705/272-4274

Elliot Lake

10 Brunswick Walk P5A 2A8

Tel.: 705/848-7133

Espanola Espanola Mall, Hwy. 6 South

Box 1718 POC 1C0 Tel.: 705/869-1532

Hearst

904 George Street

Tel.: 705/362-4358

Iroquois Falls

Box 460, 253 Ambridge Drive

POK 1G0

Tel.: 705/232-4001

Kapuskasing

Model City Mall P5N 2E9

Tel.: 705/335-6008

Kirkland Lake

32A Prospect Ave. P2N 3K1

Tel.: 705/567-3291

Mindemova

Box 128, King & Young Sts.

POP 1S0

Tel.: 705/377-5396

Moosonee

Box 307, Main St. POL 1Y0

Tel.: 705/336-2991

New Liskeard

North Bay

310 Whitewood Ave. P0J 1P0

Tel.: 705/647-7391

267 Main St. West P1B 2T8 Tel.: 705/472-3911

Sault Ste. Marie

444 Queen St. East P6A 1Z7

Tel.: 705/254-6623

Sturgeon Falls 191 Main St. P0H 2G0

Tel.: 705/753-2900

Sudbury 1st Floor, 199 Larch St.

P3E 5P9 Tel.: 705/675-4451

Timmins

83 Wilson Ave. P4N 2S8 Tel.: 705/267-1401

27 Gold St. P0S 1K0 Tel.: 705/856-2354

NORTHWESTERN REGION

Atikokan

Box 940, 123 Marks St. POT 1CO

Tel.: 807/597-2701

Dryden 34A King St. P8N 1B3

Tel.: 807/223-5231

Fort Frances

529 Mowat Ave. P9A 1Z1

Tel.: 807/274-5329

Geraldton

Box 69, 305 Main St. POT 1M0

Tel.: 807/854-0266

Ignace

Box 196, 200 Beaver St.

POT 1T0

Tel.: 807/934-2260

Kenora

Box 5050, 12 Main St. South P9N 3X9

Tel.: 807/468-5548

Marathon

Box 380, Penninsula Building

POT 2E0

Tel.: 807/229-1153

Rainy River

Box 430, 408 Atwood Ave.

POW 1LO

Tel.: 807/852-3287

Red Lake

Box 950, 242 Howey St.

POV 2M0

Tel.: 807/727-2870

Sioux Lookout

Box 147, 42 King St.

POV 2TO

Tel.: 807/737-1318

Thunder Bay

428 E. Victoria Ave. P7C 1A5

Tel.: 807/475-1425

Ministry of Health

Public Health Agencies

Algoma Health Unit

6th Floor, Civic Centre 99 Foster Drive Sault Ste. Marie, Ontario P6A 5X6

Tel.: 705/759-5287

Brant County Health Unit

194 Terrace Hill Street Brantford, Ontario N3R 1G7

Tel.: 519/753-7377

Bruce County Health Unit

Box 248, 30 Park Street Walkerton, Ontario N0G 2V0

Tel.: 519/881-1920

Borough of East York Health Unit

550 Mortimer Avenue Toronto, Ontario M4J 2H2

Tel.: 416/461-8136

Durham Regional Health Unit

Community Health Services Centre

301 Golf Street

Oshawa, Ontario L1G 4B2

Tel.: 416/723-8521

Eastern Ontario Health Unit

1000 Pitt Street

Cornwall, Ontario K6J 3S5 Tel.: 613/933-1375

Elgin-St. Thomas Health Unit

2 Wood Street

St. Thomas, Ontario N5R 4K9 Tel.: 519/631-9900

City of Etobicoke Health Unit

Etobicoke Civic Centre Etobicoke, Ontario M9C 2Y2

Tel.: 416/626-4532

County of Grey-Owen Sound Health Unit

920 1st Avenue West

Owen Sound, Ontario N4K 4K5

Tel.: 519/376-9420

Haldimand-Norfolk Regional Health Unit

365 West St.

Box 247,

Simcoe, Ontario N3Y 4L1 Tel.: 519/426-6170

Haliburton, Kawarth, Pine Ridge District Health Unit

Box 337, 860 William St. Cobourg, Ontario K9A 4K8

Tel.: 416/372-0175

Halton Regional Health Unit

1151 Bronte Rd. P.O. Box 7000 Oakville, L6J 6E1

Tel.: 416/827-2151

Hamilton-Wentworth Regional

Health Unit 74 Hughson Street South

P.O. Box 897 Hamilton, Ontario L8N 3P6

Tel.: 416/528-1441

Hastings and Prince Edward Counties Health Unit

208 Bridge Street East Belleville, Ontario K8N 1N8

Huron County Health Unit

Court House

Tel.: 613/966-5500

Goderich, Ontario N7A 1M2

Tel.: 519/524-8301

Kent-Chatham Health Unit

435 Grand Avenue West P.O. Box 1136

Chatham, Ontario N7M 5L8

Tel.: 519/352-7270

Kingston, Frontenac & Lennox and Addington Health Unit

221 Portsmouth Avenue

Kingston, Ontario K7M 1V5 Tel.: 613/549-1232

Lambton Health Unit

333 George Street Sarnia, Ontario N7T 4P5

Tel.: 519/344-5293

Leeds, Grenville and Lanark District Health Unit

70 Charles Street

Brockville, Ontario K6V 1T3

Tel.: 613/345-5685

Middlesex-London District Health Unit

346 South Street London, Ontario N6B 1B9

Tel.: 519/673-0110

Muskoka-Parry Sound Health Unit

Pine Street

Box 1019 Bracebridge, Ontario P0B 1C0

Tel.: 705/645-4471

Niagara Regional Area Health Unit

130 Lockart Dr. St. Catharines, Ontario

L2T 1W4 Tel.: 416/688-3762

North Bay and District Health Unit

P.O. Box 185 200 McIntvre St. E. North Bay, Ontario P1G 8G8

Tel.: 705/474-1400

Northwestern Health Unit 15 Ocean Avenue West

R.R. No. 1

Kenora, Ontario P9N 3W7 Tel.: 807/468-3147

North York Health Unit

5100 Yonge Street

Willowdale, Ontario M2N 5V7

Tel.: 416/224-6197

Tel.: 613/722-2242

Ottawa-Carleton Regional Health Unit

495 Richmond Rd. Ottawa, Ontario K2A 4A4

The Oxford County Health

Unit

509 Brant Street

Box 485

Woodstock, Ontario N4S 7Y5

Tel.: 519/539-6121

Peel Regional Health Unit

10 Peel Centre Dr.

Brampton L6T 4B9 Tel.: 416/791-9400

Perth District Health Unit

653 West Gore St. Stratford N5A 1L4

Tel.: 519/271-7600

Peterborough County-City Health Unit

835 Weller Street Peterborough, Ontario K9J 4Y1

Tel.: 705/743-1160

Porcupine Health Unit 169 Pine St. S.

Tel.: 705/267-1181

Postal Bag 2012 Timmins, Ontario P4N 2K3

Renfrew County and District

Health Unit P.O. Box 940

1217 Pembroke Street East Highway 17 Pembroke, Ontario K8A 7M5

Tel.: 613/732-3629

City of Scarborough Health

Unit

Scarborough Civic Centre 160 Borough Drive Scarborough, Ontario M1P 4N8

Tel.: 416/296-7454

Simcoe County District Health

Unit

County Administration Centre Midhurst, Ontario L0L 1X0 Tel.: 705/726-9300

Sudbury and District Health

Unit 1300 Paris Crescent Sudbury, Ontario P3E 3A3

Tel.: 705/522-9200

Thunder Bay District Health Unit

P.O. Box 1024

300 Lillie St. N. Thunder Bay, Ontario P7C 4X8

Tel.: 807/622-3961

Timiskaming Health Unit

6 Tweedsmuir Rd. Kirkland Lake, Ontario

P2N 1H9 Tel.: 705/567-9355

City of Toronto Health Unit

7th Floor, East Tower, City Hall 100 Queen St. W.

Toronto, Ontario M5H 2N2 Tel.: 416/947-7401

Waterloo Health Unit

850 King Street West Kitchener, Ontario N2G 1E8

Tel.: 519/744-7357 Wellington-Dufferin-Guelph

Health Unit 205 Queen Street East Fergus, Ontario N1M 1T2

Tel.: 519/843-2460 **Metro Windsor-Essex County**

Health Unit 1005 Ouellette Avenue Windsor, Ontario N9A 4J8

Tel.: 519/258-2146

City of York Health Unit 2700 Eglinton Avenue West Toronto, Ontario M6M 1V1

York Regional Health Unit

22 Prospect Street Newmarket, Ontario L3Y 3S9 Tel.: 416/895-4511

Tel.: 416/653-2700

CHAPTER XIII

Further Reading

The Ontario Ministries of the Environment, Health and Natural Resources have developed publications that provide general information about environmental practices, regulations and programs. With exceptions, publications are free upon request. Priced publications are maked with an asterisk.*

Write: Publications Centre, Ministry of Government Services, 5th Floor, 880 Bay Street, Toronto, Ontario M7A 1N8.

Ministry of the Environment

General

Who Cares?

Legislation

The Environmental Assessment Act*

The Environmental Protection Act, 1971*

The Ontario Water Resources Act*

The Pesticides Act*

Water

Boating and Marina Regulations.
Water Management
Goals, Policies and Implementation
Procedures of the Ministry of the
Environment.
Pump-Out Stations.
Drinking Water Objectives
Guide to Eating Ontario Sports Fish
(Bilingual)
Discharge of Sewage from Pleasure
Boats.
Septic Tank Systems.
Countdown Acid Rain
Water Wells and Ground Water
Supplies in Ontario.

Air

Open Burning Guidelines.
Introduction to Air Pollution in
Ontario.
How Air Pollution Affects
Vegetation

Land and Waste Management

Be a Good Sort - A Guide to Residential Source Separation.

Simple Composting of Household Wastes.

Pesticides

Mosquito Control - What You Can Do. Pesticides and the Environment. Pesticides Safety in Your Home.

Should you require further information on pesticides use or safety, please contact the Agricultural and Industrial Chemical Section, Ministry of the Environment, 40 St. Clair. Avenue West, Toronto, Ontario M4V 1M2. (965-2401).

Ministry of Health

General

Rabies, it's no way for a friend to die How to handle an emergency Rattle snakes in Ontario Is the water safe to drink?

Legislation

Health Protection and Promotion Act, 1983* Recreational Camp Regulations* Ministry of Natural Resources

Ministry of Natural Resources

All Ministry of Natural Resources publications can be obtained from our Public Information Centre located in Room 1640 in the Whitney Block at Queen's Park or write: Ministry of Natural Resources Public Information Centre Rm. 1640
99 Wellesley St. W. Whitney Block Queen's Park Toronto, Ontario M7A 1W3

Forestry, Lands & Waters

Trees. A Handy Guide for People Who Want to Put Down Roots... Illus. 1985.

Common Pests of Trees in Ontario ... Identification and control of common insects, illus. 1985.*

Water Quantity Resources of Ontario ...Illustrated book reviewing the present supply, current use and future demand of our Water Resources, 1984.*

Wildlife Information

Hunting Regulations Summary. Fall 85 - Spring 86 (bilingual)

Ontario Trapping Regulations (summary)

The Beaver in Ontario...Life history habits, habitat, numbers, management and Importance. 20 pp. illus.*

Ontario Turtles...Descriptions of eight species and their habits and habitats, plus hints on pet keeping 24 pp. illus.*

Ontario Snakes...Descriptions of 14 species and their habitats. 36 pp. illus.*

Wolves and Coyotes in Ontario... Life history, habits, relationships. 20 pp. illus.*

The Fisher...Descriptive booklet on Life History and habits. 14 pp. illus.*

The Marten...Descriptive booklet on history, food habits, habitat, 14 pp. illus.*

The Muskrat...Descriptive guide on life history, habits, habitat. illus. 20 pp.*

The Mink...Illustrated booklet on life history, habits and habitat. 20 pp.*

Wetlands in Ontario, 1984. illustrated pamphlet outling the importance of wetlands. (bilingual)

When Rabbits become a nuisance... pamphlet.

When Snakes become a nuisance... pamphlet.

When Groundhogs become a nuisance...pamphlet.

When Bats become a nuisance... pamphlet.

When Black Bears become a nuisance...pamphlet.

Hunters Guide...An illustrated book for hunters outlining hunting ethics, wildlife management, identification, firearms, survival, etc. 301 pp. (bilingual)*

Wildlife Management Areas in Ontario...Location and description of 40 areas.

Fisheries Information

Summer Fishing in Ontario...1985 illus. pamphlet.

Winter Fishing in Ontario...1985 illus. pamphlet.

Spring Fishing in Ontario...1985 illus. pamphlet.

Fishing Ontario's Quarter Million Lakes...illus. pamphlet 1985.

Fishing the Rivers and Streams of Ontario...illus. pamphlet 1985.

Fishing the Great Lakes...1985 illus. pamphlet.

Out of the Water...Report on Ontario's freshwater fishing industry and principal fishing waters: detail on 28 fish species and families, 72 pp. Illus, 1972.*

The fisheries of Lake Simcoe...Report on an interesting lake. 140 pp. illus.*

The fisheries of Lake of the Woods...comprehensive Guide to lake and fishing, 44 pp. 1972.*

Ontario Angling Facts and Figures... detailed analyses of anglers origins, fishing areas, catches by species, favoured species and efforts and funds expended, 100 pp. 1970.*

Fishing Regulations Summary 1985 (bilingual)

Fishing Maps (list of 502 surveyed lakes)*

Provincial Parks

Ontario Provincial Parks - 1985 Guide (Bilingual)

Canoe Routes of Ontario...A guide to more than 100 canoe routes. Includes a poster size map.

Conservation Areas in Ontario...
Map with locations, features and facilities of conservation areas.

How to Survive in the Woods... pocket size card that briefly offers basic survival tips. (Bilingual)

Mining and Geology

Ontario Minerals Poster...Guide for Rockhounds, minerals shown in colour.*

Amethyst Deposits of Ontario...
Guide to amethyst properties; lore and uses as gemstone 108 pp. illus.*

Rocks and Minerals Information...
Sources of geological and earth science maps and technical publications, 1984.

Ontario Mineral Map*

Rocks and Minerals of Ontario... illustrated book describing the properties, occurences and Ontario's localities of 74 common minerals.*

Geology and Fossils, Craigleith...61 pp. illus.*

Geology and Scenery...Illustrated series...Rainy River east to Lake Superior GB1, 128 pp. North Shore of Lake Superior, GB2, 156 pp. Peterborough, Bancroft, Madoc Area GB3, 128 pp.*

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Ministry of the Environment Hon. Jim Bradley Minister

Rod McLeod Deputy Minister